

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1		1	Tedros, Habtom	00:37:00	933		TG Neuss	1997	1	M	00:36:59	1
2		2	Johnstone, Nikki	00:37:06	1532		ART Düsseldorf	1984	1	M30	00:37:05	2
3		3	Schmiejka, Paul	00:38:58	1507		Pulheimer SC	1984	2	M30	00:38:57	3
4		4	Nisius, Joshua	00:40:26	1426		TSV Bayer Dormagen	1997	2	M	00:40:25	4
5		5	Rück, Matthias	00:40:36	932		TG Neuss	1982	1	M35	00:40:34	5
6		6	Werth, Christian	00:40:47	1428		Remscheider SV	1985	3	M30	00:40:44	6
7		7	Heising, Carl Philip	00:41:35	1550		Bayer Dormagen Uer	1990	3	M	00:41:31	7
8		8	Hagos, Guesch	00:42:02	934		TG Neuss	1982	2	M35	00:41:56	8
9		9	Hein, Philipp	00:42:07	1119		SFD 75 Düsseldorf	1991	4	M	00:42:05	9
10		10	Claesges, Michael	00:42:33	1618		V8-Team	1964	1	M50	00:42:32	10
11		11	Külgen, Sven	00:43:16	1604		LG Rhein- Wied	1990	5	M	00:43:12	11
12	W	1	Spill, Tanja	00:44:20	1		LAV Bayer Dormagen	1995	1	W	00:44:19	1
13		12	Weiß, Ben	00:44:47	1505			1979	3	M35	00:44:41	12
14		13	Czarnietzki, Bernd	00:45:07	1601		DJK Novesia Neuss	1963	2	M50	00:45:02	13
15		14	Müller, Tobias	00:45:08	1314		DJK Kleinenbroich	1995	6	M	00:45:05	14
16	W	2	Lippert, Theresa	00:45:15	1157		TG Neuss	1986	1	W30	00:45:11	2
17		15	Roszinsky, Simon	00:45:33	1152		ASC Rosellen Neuss	1982	4	M35	00:45:29	15
18		16	Wolff, Hans - Peter	00:45:49	1586		TSV Bayer Dormagen	1969	1	M45	00:45:40	16
19		17	Kräker, Thorsten	00:45:54	1534		Superpunk	1969	2	M45	00:45:48	18
20		18	Bonin, Uwe	00:45:54	1156		TG Neuss	1957	1	M60	00:45:47	17
21		19	Ortz, Christian	00:45:54	930		TG Neuss	1978	5	M35	00:45:50	19
22		20	Mertes, Berthold	00:46:08	1452		Silvesterlauf Trier	1963	3	M50	00:46:06	23
23		21	Zab, Gunnar	00:46:08	1019		LF Trills 09	1970	3	M45	00:45:59	21
24		22	Hannen, Markus	00:46:11	1512		OV Vanikum	1968	4	M45	00:46:07	24
25		23	Mertens, Wolfgang	00:46:14	1425			1976	1	M40	00:46:05	22
26		24	Alotto, Giuseppe	00:46:15	1444		3. Xercise SG. Köln-	1966	4	M50	00:45:56	20
27		25	Villalpando, Salvador	00:46:20	1358		FC Straberg	1969	5	M45	00:46:15	27
28		26	Gläßer, Harald	00:46:23	1101		SG Zons	1968	6	M45	00:46:19	28
29		27	Hochmuth, Jens	00:46:24	781		Aachen	1976	2	M40	00:46:09	25
30		28	Hengst, Nando	00:46:26	225		Köln	1985	4	M30	00:46:13	26
31		29	Schlattmann, Kai	00:46:41	804		BCS	1972	7	M45	00:46:36	29
32		30	Bach, Matthias	00:46:46	892		1. FC Grevenbroich-S	1968	8	M45	00:46:42	30
33		31	Ehlert, Christian	00:46:56	1355		FC Straberg	1977	3	M40	00:46:51	31
34		32	Dieterich, Mattis	00:47:00	1170		Norbert-Gymnasium	1999	1	MJ U20	00:46:52	32
35		33	Blinken, Robert	00:47:06	931		TG Neuss	1969	9	M45	00:47:00	33
36		34	Schwabe, Jan	00:47:33	1120		SFD 75 Düsseldorf	1967	5	M50	00:47:23	35
37		35	Neitzel, Christian	00:47:35	281		VdS Nievenheim	1989	7	M	00:47:21	34
38		36	Ballmann, Kai	00:47:51	1159		DJK Kleinenbroich	1989	8	M	00:47:42	37
39		37	Sureth, Christian	00:47:59	272		LG Wittgenstein	1971	10	M45	00:47:56	39
40		38	Philipp-Zende, Stefan	00:48:02	542		Neuss	1976	4	M40	00:47:52	38
41		39	Eickermann, Henrik	00:48:02	40		Dormagen	1998	2	MJ U20	00:47:28	36
42		40	Mannheim, Stephan	00:48:14	957		LLG 80 Nordpark Köl	1975	5	M40	00:48:11	41
43		41	Hoffmann, Dirk	00:48:15	1116		SFD 75 Düsseldorf	1969	11	M45	00:48:06	40
44		42	Pasch, Frank	00:48:47	927		TG Neuss	1963	6	M50	00:48:46	44
45		43	Schott, Jens	00:48:48	829		BCS	1976	6	M40	00:48:41	42
46		44	Siersleben, Oliver	00:48:50	1366		Zons	1964	7	M50	00:48:46	43
47		45	Reimann, Dieter	00:48:57	1187		Norrbach-Kicker	1969	12	M45	00:48:48	45
48		46	Gora, Stefan	00:49:05	1536		Laufschule Düsseldorf	1976	7	M40	00:48:57	46
49		47	Doll, Christian	00:49:18	1287		BSG Vitzfedern	1973	8	M40	00:49:04	47
50		48	Beckmanns, Ralf	00:49:24	1473		LT Krefeld	1962	1	M55	00:49:15	48
51		49	Kliebe, Bernd	00:49:28	1530		Neuss Allerheiligen	1975	9	M40	00:49:18	49
52		50	Fetten, Heijo	00:49:54	730		LLG 80 Nordpark Köl	1952	1	M65	00:49:51	51
53		51	Geiling, Michael	00:50:06	1587		LT Krefeld Oppum	1986	5	M30	00:49:56	52
54		52	Conradi, Oliver	00:50:06	1488		Evonik Industries	1971	13	M45	00:49:59	53
55		53	Schmitte, Kai	00:50:08	134		Rhein Erft Runner	1973	10	M40	00:49:46	50

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
56	W	3	Kanditt, Katja	00:50:13	1038		OSC Waldniel	1977	1	W40	00:50:07	3
57		54	Kohnen, Manfred	00:50:22	684		Skiclub Sieglar	1970	14	M45	00:50:17	56
58		55	Esser, Markus	00:50:30	1363		FC Straberg	1971	15	M45	00:50:20	58
59		56	Hever, Frank	00:50:32	1501			1981	6	M35	00:50:21	59
60		57	Koch, Jörn	00:50:35	483		TuRa Brügggen 1923	1979	7	M35	00:50:26	60
61		58	Stoll, Eugen	00:50:36	1441			1987	6	M30	00:50:27	61
62		59	Müller, Klaus	00:50:45	1199		Leverkusen	1970	16	M45	00:50:05	54
63		60	Unflath, Pekka	00:50:48	473		TV Hasperbach 1898	1968	17	M45	00:50:16	55
64		61	Mertens, Heiner	00:51:02	1500			1964	8	M50	00:50:52	64
65		62	Proempler, Marcel	00:51:07	816		BCS	1973	11	M40	00:50:28	62
66		63	Schröder, Wolfgang	00:51:11	83		ESV gremberghofen	1967	9	M50	00:50:59	65
67		64	Mika, Sven	00:51:14	1497		Komet Delion Köln	1971	18	M45	00:51:07	66
68		65	Van Hellemond, Patrick	00:51:16	178		Neuss	1984	7	M30	00:50:45	63
69		66	Burmeister, Jan	00:51:19	1188		Erkrath	1983	8	M30	00:50:19	57
70		67	Domgans, Martin	00:51:26	986		SG Neukirchen-Hülch	1977	12	M40	00:51:20	69
71		68	Zimmermann, Uwe	00:51:27	102		LT Rennhamster Düss	1981	8	M35	00:51:19	68
72		69	Dätig, Marcus	00:51:31	1499			1974	13	M40	00:51:21	71
73		70	Schütze, Marco	00:51:31	1337		TuS Köln rrh.	1970	19	M45	00:51:21	72
74		71	Ritterbach, Michael	00:51:34	703		Dormagen	1986	9	M30	00:51:24	74
75		72	Mosmondor, Dean	00:51:35	532		HM-Projects	1972	20	M45	00:51:09	67
76		73	Gülden, Philipp	00:51:35	1544		Zons	2000	1	MJ U18	00:51:29	75
77		74	Fiegert, Jonk	00:51:35	1543			1999	3	MJ U20	00:51:29	76
78		75	Schmidt, Carsten	00:51:39	1502			1993	9	M	00:51:30	78
79		76	Weyen, Torsten	00:51:42	509		Stärke Boschte Korsc	1973	14	M40	00:51:31	79
80		77	Sturm, Martin	00:51:42	1185		Grevenbroich	1966	10	M50	00:51:32	80
81		78	Schröder, Norbert	00:51:42	1581		TK Grevenbroich	1969	21	M45	00:51:23	73
82		79	Holtmanns, Rainer	00:51:44	179		Viersen	1967	11	M50	00:51:30	77
83	W	4	Balzer, Nadja	00:51:45	1305		Rommerskirchen	1981	1	W35	00:51:39	4
84		80	Eckstein, Reik	00:51:48	195		Eiserne Lunge Randk	1975	15	M40	00:51:20	70
85		81	Peerenboom, Klaus	00:51:48	864		Doppelkopf Schlicher	1963	12	M50	00:51:40	81
86		82	Dernerth, Marcus	00:51:51	1522		Futterkonzept	1971	22	M45	00:51:41	82
87	W	5	Bürger, Marita	00:51:59	306		DJK Kleinenbroich	1984	2	W30	00:51:51	5
88		83	Beitzer, Arnd	00:52:00	1282		Allways3-Laufen In R	1969	23	M45	00:51:49	86
89		84	Stäbler, Stefan	00:52:03	880		TV Frisch Auf Lennep	1972	24	M45	00:51:49	85
90		85	Esser, Peter	00:52:05	658		Dormagen	1975	16	M40	00:51:59	87
91		86	Wucherpennig, Sven	00:52:12	1334		TG Neuss	1972	25	M45	00:52:07	89
92		87	Sonnabend, Thorsten	00:52:17	1354		FC Straberg	1983	10	M30	00:52:11	92
93		88	Juckel, Bernd	00:52:18	988		SG Neukirchen-Hülch	1950	2	M65	00:52:06	88
94		89	Schwellinger, Lars	00:52:20	1336		Kanu Touren Rheinla	1980	9	M35	00:52:09	90
95		90	Meisch, Peter	00:52:26	1504		Düsseldorf-Himmelge	1983	11	M30	00:52:14	93
96		91	Weirich, Jan h.	00:52:26	328		Alemannia Alkohol Ru	1988	10	M	00:52:10	91
97		92	Schmitz, Thomas	00:52:30	926		TG Neuss	1975	17	M40	00:51:46	83
98		94	Hüllhorst, Fabian	00:52:38	1087		TSV Bayer Dormagen	1992	12	M	00:52:26	94
99		93	Dunkel, Marcus	00:52:38	1427		TSV Bayer Dormagen	1997	11	M	00:52:27	95
100		95	Lüneburg, Heinrich	00:52:44	1443		WF Chemiepark Dor	1967	13	M50	00:52:28	96
101		96	Send, Felix	00:52:45	891		Neuss	1981	10	M35	00:52:34	100
102		97	Güttler, Axel	00:52:46	1352		FC Straberg	1969	26	M45	00:52:28	98
103		98	Zwick, Jürgen	00:52:50	1431		Turbine Stratos Rhein	1997	13	M	00:52:44	101
104		99	Kirschbaum, Christian	00:52:52	280		Neuss	1984	12	M30	00:52:29	99
105		100	Payenberg, Dirk	00:53:02	1327		Hilden	1964	14	M50	00:52:49	102
106		101	Friede, Matthias	00:53:06	1368		FC Straberg	1967	15	M50	00:53:00	104
107		102	Muscara, Martino	00:53:15	807		BCS	1976	18	M40	00:53:03	105
108		103	Güsgen, Oliver	00:53:16	1312		SG Zons	2001	2	MJ U18	00:52:28	97
109		104	Janßen, Anton	00:53:16	356		Vohwinkeler STV	2002	1	MJ U16	00:51:49	84
110	W	6	Schmitz, Claudia	00:53:16	1446		ASC Rosellen/Neuss	1972	1	W45	00:53:10	7

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
111		105	Klein, Marc	00:53:30	655		TSV Bayer Dormagen	1973	19	M40	00:52:58	103
112		106	Pietzsch, Hans-Ulrich	00:53:34	571		Neuss	1963	16	M50	00:53:20	108
113	W	7	Michel, Monika	00:53:35	1360		FC Straberg	1971	2	W45	00:53:30	9
114		107	Osbahr, Sven	00:53:40	1600			1966	17	M50	00:53:27	110
115	W	8	Rabes, Yvonne	00:53:40	683		Bergisch Gladbach	1975	2	W40	00:53:05	6
116		108	Breyer, Tim	00:53:42	1506		Jimmy Jane	1975	20	M40	00:53:25	109
117		109	Krüger, Rainer	00:53:44	1477		LC Wuppertal	1962	2	M55	00:53:28	111
118		110	Milzarek, Christian	00:53:47	317		Köln	1987	13	M30	00:53:05	106
119		111	Plewa, Gerald	00:53:51	821		BCS	1964	18	M50	00:53:43	115
120	W	9	Klein, Nicole	00:53:51	652		Chemion Logistik Gm	1976	3	W40	00:53:21	8
121		112	Plass, Ernst	00:53:53	29		Dormagen	1968	27	M45	00:53:18	107
122		113	Tischbierek, Martin	00:53:56	1364		FC Straberg	1984	14	M30	00:53:46	116
123		114	Cremer, Jürgen	00:53:57	958		LLG 80 Nordpark Köl	1962	3	M55	00:53:49	117
124		115	Rödingen, Jürgen	00:54:02	1317		ASC Rosellen-Neuss	1959	4	M55	00:53:54	119
125		116	Mücke, Hans-Jürgen	00:54:04	474		TV Hasperbach 1898	1966	19	M50	00:53:37	113
126		117	Mertens, Jens-Andreas	00:54:06	798		BSG DEVK	1977	21	M40	00:53:42	114
127		118	Böhme, Marc	00:54:12	678		SVBG	1963	20	M50	00:53:36	112
128		119	Teusch, Thomas	00:54:17	699		Laufen gegen Leiden	1971	28	M45	00:54:16	125
129		120	Krause, Ralf	00:54:19	443		Kaarst	1972	29	M45	00:54:07	121
130		121	Driesch, Markus	00:54:23	942		Team Kobolt	1963	21	M50	00:54:01	120
131		122	Matschull, Frank	00:54:24	26		für meine Jungs	1967	22	M50	00:54:16	124
132		123	Böwer, Andreas	00:54:27	1630			1975	22	M40	00:54:12	122
133		124	Will, Daniel	00:54:33	670		FC Lennestadt	1972	30	M45	00:54:18	126
134		125	Siebertz, Ludger	00:54:37	1516		SC Bauer OR Uedinge	1965	23	M50	00:54:14	123
135		126	Godyla, Vincent	00:54:40	1484		FC Zons	2001	3	MJ U18	00:53:52	118
136		127	Unger, Wolfgang	00:54:41	1533			1964	24	M50	00:54:21	127
137		128	Torres, Didier	00:54:42	197		Köln	1964	25	M50	00:54:26	129
138	W	10	Fischer, Sabine	00:54:43	787		Laufmonster	1961	1	W55	00:54:34	11
139		129	Balzer, Daniel	00:54:52	1306		Rommerskirchen	1979	11	M35	00:54:44	132
140		130	Rottmann, Dennis	00:54:52	374		Dormagen	1981	12	M35	00:54:44	131
141	W	11	Christa, Luisa	00:54:54	333		DJK Gütersloh	1993	2	W	00:54:26	10
142		131	Schnock, Jochen	00:54:58	850		Korschenbroich	1987	15	M30	00:54:47	134
143	W	12	Weiter, Kristina	00:54:59	862		FC Straberg	1994	3	W	00:54:48	13
144		132	Kather, Theo	00:55:00	211		Roki Joggis	1966	26	M50	00:54:54	140
145		133	Piontek, Jeffrey	00:55:01	1340		WSC Dormagen	1985	16	M30	00:54:50	136
146		134	Piotrowski-Bölt, Bernhard	00:55:04	1039		Wupperläufer	1970	31	M45	00:54:56	141
147		135	Neitzel, Manfred	00:55:04	282		VdS Nievenheim	1960	5	M55	00:54:50	135
148		136	Käsbach, Henri	00:55:10	1617		DJK Novesia Neuss	1968	32	M45	00:54:24	128
149		137	de Haas, Mario	00:55:13	264		Caritasverband Rhein	1967	27	M50	00:54:56	142
150		138	Beivers, Norbert	00:55:13	1034		Hot socks	1977	23	M40	00:54:51	137
151	W	13	Ullmann, Wiebke	00:55:19	163			1988	4	W	00:54:42	12
152		139	Lünendonk, Lothar	00:55:20	307		Team CrazyLuenis Kor	1952	3	M65	00:55:04	145
153		140	Breidenbach, Sascha	00:55:21	985		SG Neukirchen-Hülch	1973	24	M40	00:55:07	146
154		141	Korbmacher, Bernhard	00:55:21	1155		TG Neuss	1953	2	M60	00:54:37	130
155		142	Wilke, Christian	00:55:22	164			1974	25	M40	00:54:46	133
156		143	Brandt, Klaus	00:55:28	1091		Grevenbroich	1955	3	M60	00:54:57	143
157		144	Hagelkreutz, Thomas	00:55:31	505		Laufen	1974	26	M40	00:55:00	144
158		145	Stahlmann, Frank	00:55:38	929		TG Neuss	1965	28	M50	00:55:16	148
159		146	Ramge, Thomas	00:55:38	511		Langenfeld	1971	33	M45	00:55:20	152
160		147	Schaul, Markus	00:55:49	1628		SLOS Remscheid	1980	13	M35	00:55:18	151
161		148	Tiller, Mirko	00:55:50	508		Dormagen	1969	34	M45	00:55:36	155
162		149	Linke, Frank	00:55:53	874		TV Frisch Auf Lennep	1962	6	M55	00:55:38	156
163		150	Scharfenberg, Stephan	00:55:56	212		Roki Joggis	1978	14	M35	00:55:51	158
164		151	Odendahl, Robin	00:55:57	1635		SV Rheinwacht Stürz	1997	14	M	00:54:51	138
165		152	Schneider, Martin	00:55:59	1291		Köln	1981	15	M35	00:54:53	139

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
166		153	Kennedy, Marcus	00:56:03	47		CR Team	1971	35	M45	00:55:16	149
167		154	Pelko, Peter	00:56:04	812		BCS	1969	36	M45	00:55:58	163
168		155	Kleibert, Rainer	00:56:05	802		BCS	1969	37	M45	00:55:57	161
169		156	Hengvoß, Thorsten	00:56:06	512		Neuss	1986	17	M30	00:55:42	157
170		157	Lames, Michel	00:56:10	666		Grevenbroich	1982	16	M35	00:55:17	150
171		158	Sokolowski, Ralf	00:56:20	975		Pulheim	1979	17	M35	00:55:28	153
172		159	Bodynek, Jürgen	00:56:21	10			1967	29	M50	00:55:53	159
173		160	Hille, Steffen	00:56:24	1021		Dormagen	1994	15	M	00:55:36	154
174		161	Kotthaus, Holger	00:56:26	1531		TV Frisch Auf Lennep	1974	27	M40	00:55:57	162
175	W	14	Vogt, Katharina	00:56:27	1456		SG Zons	1998	1	WJ U20	00:56:15	14
176		162	Boutyeb, Loutfi	00:56:29	1539			1986	18	M30	00:55:12	147
177		163	Odendahl, Ulrich	00:56:31	573		Wuppertal	1958	7	M55	00:56:12	165
178		164	Radinger, Dirk	00:56:36	478		Mönchengladbach	1966	30	M50	00:55:56	160
179		165	Diekmann, Björn	00:56:37	1194		Herr	1970	38	M45	00:56:24	169
180		166	Ankel, Markus	00:56:39	983		LT Starlight Team Ess	1967	31	M50	00:56:18	166
181	W	15	Zwick, Christina	00:56:42	507		TSV Bayer Dormagen	1995	5	W	00:56:15	15
182		167	Othman, Tarek	00:56:43	741			1967	32	M50	00:56:29	171
183		168	Fleuth, Ulrich	00:56:43	636		Cycling Club Düsseld	1963	33	M50	00:56:29	172
184		169	Brasch, Jost-Peter	00:56:44	852		Neustadt Run	1961	8	M55	00:56:23	168
185		170	Jürries, Uwe	00:56:46	663		TV Hasperbach 1898	1958	9	M55	00:56:20	167
186		171	Schattenberg, Christoph	00:56:47	181			1991	16	M	00:56:03	164
187		172	Vobis, Andreas	00:56:51	925		TG Neuss	1965	34	M50	00:56:40	179
188		173	Kasek, Heinrich	00:56:58	707		RTB Remscheid	1962	10	M55	00:56:37	178
189		174	Golf, Stefan	00:57:00	813		BCS	1972	39	M45	00:56:53	183
190		175	Oßwald, Bernd	00:57:05	786		LT Alt Erkrath	1961	11	M55	00:56:30	173
191		176	Schoofs, Günther	00:57:07	647		Chemion Logistik Gm	1961	12	M55	00:56:35	177
192		177	Grube, Lars	00:57:12	116			1971	40	M45	00:56:34	175
193		178	Gotzes-Wolff, Rüdiger	00:57:17	549		TV Hasperbach 1898	1962	13	M55	00:56:47	181
194		179	Richter, Marc	00:57:21	990		Monheim	1974	28	M40	00:56:46	180
195		180	Dorenbeck, Jan	00:57:23	276		Neuss	1985	19	M30	00:56:58	184
196		181	Mock, Stephan	00:57:23	456		INEOS Köln	1964	35	M50	00:56:34	174
197		182	Hetzert, Marc	00:57:24	1066		Köln	1989	17	M	00:56:26	170
198		183	Potreck, Frank	00:57:24	1607		PSV Brühl Triathlon T	1997	18	M	00:57:00	185
199		184	Jungbluth, Sven	00:57:24	147		Fortuna Düsseldorf	1968	41	M45	00:57:12	190
200	W	16	Hüsges, Dagmar	00:57:25	529			1982	2	W35	00:57:08	19
201		185	Jung, Christian	00:57:27	1353		FC Straberg	1965	36	M50	00:57:18	193
202		186	Tübben, Thomas	00:57:32	1011		Freizeitläufer	1967	37	M50	00:57:10	188
203	W	17	Dittmer, Inge	00:57:33	247		Kerpen	1965	1	W50	00:56:58	17
204		187	Hilden, Jörg	00:57:35	526		Team Family	1970	42	M45	00:57:23	198
205	W	18	Hall, Sabine	00:57:35	1286		Dormagen	1980	3	W35	00:57:23	21
206		188	Boelter, Thomas	00:57:41	731		LLG 80 Nordpark Köl	1963	38	M50	00:57:23	197
207	W	19	Voigt, Manuela	00:57:42	1463		TSV Bayer 04 Leverk	1971	3	W45	00:57:16	20
208		189	Wrotny, Heinz-Werner	00:57:44	1568		Staubwolke Dormage	1967	39	M50	00:57:02	186
209		190	Braun, Andreas	00:57:44	819		BCS	1963	40	M50	00:57:33	202
210		191	Mehl, Christian	00:57:45	1294		Dormagen	1987	20	M30	00:57:21	195
211		192	Berghausen, Martin	00:57:45	1149		Köln	1987	21	M30	00:57:20	194
212	W	20	Oerding, Pia	00:57:46	1117		SFD 75 Düsseldorf	1993	6	W	00:56:26	16
213		193	Brücher, Jens	00:57:47	1100		TV Frisch auf Lennep	1960	14	M55	00:57:31	200
214		194	Grote, Harald	00:57:48	1515		LT Gruiten Neanderta	1959	15	M55	00:57:21	196
215		195	Güttler, Cuno	00:57:54	763		Korschenbroich	1959	16	M55	00:57:47	205
216		196	Buschfeld, Werner	00:57:54	1432			1971	43	M45	00:57:13	191
217		197	Hussmann, Christopher	00:57:55	461		Moers	1984	22	M30	00:56:52	182
218	W	21	Fischer, Ilonka	00:57:56	261		Pulheimer SC	1966	2	W50	00:57:07	18
219		198	Stöter, Dominik	00:57:57	236		Elbseehelden	1986	23	M30	00:57:32	201
220		199	Brinkmann, Markus	00:57:59	998		LT Krefeld-Oppum	1964	41	M50	00:57:41	204

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
221		200	Eickermann, Udo	00:58:00	41		Dormagen	1971	44	M45	00:56:34	176
222		201	Esser, Lucas	00:58:00	180			1990	19	M	00:57:15	192
223		202	Lieske, Magnus	00:58:03	155		SG Radschläger Düss	1979	18	M35	00:57:11	189
224	W	22	Reslo, Susanne	00:58:09	1464		TSV Bayer 04 Leverk	1971	4	W45	00:57:43	22
225		203	Kaluza, Oliver	00:58:11	1442		St. Peter	1991	20	M	00:58:01	208
226		204	Söntgerath, Heiko	00:58:11	1000		Pace Pack Runners	1968	45	M45	00:57:06	187
227	W	23	Stich, Pia	00:58:22	1637			1994	7	W	00:57:44	23
228		205	Hauer, Eckhard	00:58:24	1330		TSV Dieringhausen	1966	42	M50	00:58:02	209
229		206	Polenske, Jochen	00:58:24	849		TSV Dieringhausen	1962	17	M55	00:58:04	211
230		207	Schiffer, Rainer	00:58:26	774		Jüchen	1968	46	M45	00:58:12	214
231		208	de Graeve, Marcel	00:58:27	267		Run with superhuman	1981	19	M35	00:58:12	215
232	W	24	Rosendo Firminio, Anke	00:58:37	303			1977	4	W40	00:58:06	24
233		209	Stanisch, Christian	00:58:37	304			1981	20	M35	00:58:06	212
234		210	Zwick, Horst	00:58:38	506		TSV Bayer Dormagen	1963	43	M50	00:58:11	213
235		211	Müller, Jürgen	00:58:40	104			1965	44	M50	00:57:39	203
236		212	Winkler, Lennart	00:58:44	6		Team Raphael	1999	4	MJ U20	00:57:28	199
237		213	Zewen, Frank	00:58:47	119		Reisebüro Xtrawell	1971	47	M45	00:58:33	221
238	W	25	Coudurier, Sandra	00:58:49	1142		TG81	1968	5	W45	00:58:26	25
239		214	Heinen, Jochen	00:58:50	1189		Innomax AG	1969	48	M45	00:58:30	219
240		215	Voßhenrich, Roman	00:58:53	332		Neuss	1989	21	M	00:58:23	217
241		216	Roesberg, Kevin	00:58:53	1453		Gut Klitzenhof	1988	22	M	00:58:22	216
242		217	Messing, Mark	00:58:58	1455			1971	49	M45	00:58:41	223
243		218	Poschinski, Fred	00:59:02	1026		SG Neukirchen	1964	45	M50	00:58:33	220
244		219	Van Der Veen, Dirk	00:59:04	22		Dormagen	1976	29	M40	00:58:55	234
245		220	Lünendonk, Patrick	00:59:05	308		Team CrazyLuenis Kor	1988	23	M	00:58:48	228
246		221	Mispelkamp, Wendel	00:59:05	732		LLG 80 Nordpark Köl	1951	4	M65	00:58:49	230
247		222	Latoska, Waldemar	00:59:07	1485			1962	18	M55	00:58:23	218
248		223	Sobetzko, Martin	00:59:08	1582		TV Frisch Auf Lennep	1958	19	M55	00:58:53	232
249		224	Kuhstoß, Andreas	00:59:12	883		TV Frisch Auf Lennep	1970	50	M45	00:58:55	235
250		225	Ley, Thomas	00:59:16	694		Lt Rösratherstraße	1965	46	M50	00:58:43	224
251		226	Busch, Stephan	00:59:19	772		United Firefighters	1991	24	M	00:58:03	210
252		227	Lentz, Markus	00:59:20	987		SG Neukirchen-Hülch	1967	47	M50	00:58:37	222
253	W	26	Misch, Christina	00:59:24	1198		Dormagen	1997	8	W	00:59:03	27
254		228	Stevens, Andre	00:59:27	1494		Scott Und 1	1985	24	M30	00:58:45	226
255		229	Rapita, Rappi	00:59:27	1430		LT MG-Volksgarten	1963	48	M50	00:58:44	225
256	W	27	Schaefer, Lisa Marie	00:59:29	718		FALS Solingen	2003	1	WJ U16	00:59:28	34
257		230	Völker, Thorsten	00:59:30	389		Rommerskirchen	1972	51	M45	00:58:51	231
258	W	28	Kasek, Aline	00:59:30	709		RTB Remscheid	1992	9	W	00:59:09	29
259		231	Hankammer, Theodor	00:59:30	1333		Ohligser TV	2002	2	MJ U16	00:58:48	229
260		232	Engelhardt, Andreas	00:59:31	662		Just for Fun	1965	49	M50	00:59:13	244
261		233	Miczka, Marco	00:59:32	1003		Düsseldorf	1988	25	M	00:59:31	257
262	W	29	Kraft, Michaela	00:59:34	1296		Kaarst	1971	6	W45	00:59:09	30
263	W	30	Hain, Anika	00:59:34	1498			1986	3	W30	00:59:05	28
264		234	Voigt, Stefan	00:59:35	1049		Rhein Erft Runner	1982	21	M35	00:59:05	241
265		235	Modemann, Martin	00:59:35	1328		Norbert-Gymnasium	2000	4	MJ U18	00:58:46	227
266		236	Kopenhagen, Thomas	00:59:36	559		Boxring Neuss	1990	26	M	00:59:02	239
267		237	Müller, Tobias	00:59:37	661		Neuss	1980	22	M35	00:59:29	253
268		238	Schönenberg, Thomas	00:59:40	979		Haan	1972	52	M45	00:57:52	206
269		239	Fiechtl, Falko	00:59:42	984		Düsseldorf	1980	23	M35	00:59:00	238
270		240	Clemens, Detlef	00:59:44	1356		FC Straberg	1957	4	M60	00:59:25	251
271		241	Pioch, Sascha	00:59:45	1465		TG Neuss	1981	24	M35	00:58:56	236
272	W	31	Gaens, Brigitte	00:59:46	936		SG Neukirchen	1960	2	W55	00:59:16	33
273		242	Müller, Timo	00:59:48	977		NGK	1972	53	M45	00:59:19	247
274		243	Pischedda, Attilio	00:59:49	558		FC Zons	1990	27	M	00:59:15	245
275	W	32	Prenger, Iwona	00:59:51	698		Langenfeld	1973	5	W40	00:59:35	35

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
276		244	Filipczyk, Martin	00:59:51	185		Düsseldorf	1985	25	M30	00:59:25	250
277		245	Podzus, Horst	00:59:52	1633			1961	20	M55	00:59:29	252
278		246	Dresbach, Frank	00:59:54	1054		Cologne Allblacks	1967	50	M50	00:59:32	258
279		247	Juha, Haapala	00:59:55	227		Laihian Isoot Nuukat	1963	51	M50	00:57:55	207
280		248	Bruchholz, Marian	00:59:55	228		Köln	1982	25	M35	00:59:51	264
281		249	Tillmann, Robert	00:59:57	1288		BSG Vitzfedern	1976	30	M40	00:59:11	243
282		250	Jansen, Thomas	00:59:59	1195		Herr	1979	26	M35	00:59:46	262
283		251	Aretz, Peter	01:00:01	784		Flat Land Runners Ko	1961	21	M55	00:59:03	240
284	W	33	Holbein, Petra	01:00:03	996		Pulheimer SC	1964	3	W50	00:59:13	32
285	W	34	Seidel, Heike	01:00:07	866		Neuss	1978	4	W35	00:59:52	38
286		252	Cobbeus, Dr. Christian	01:00:10	1457		Lizzy Flizzers	1972	54	M45	00:59:54	266
287		253	Schüttler, Marc	01:00:10	379		Neuss	1974	31	M40	00:59:50	263
288	W	35	Künzel, Marijana	01:00:11	378		Neuss	1970	7	W45	00:59:50	37
289		254	Bloser, Andreas	01:00:12	294		Leve-Jonge	1976	32	M40	01:00:04	275
290	W	36	Hussmann, Karin	01:00:14	820		BCS	1986	4	W30	00:59:11	31
291	W	37	Limbach, Silvia	01:00:14	1470			1969	8	W45	00:58:58	26
292		255	Braun, Bernd	01:00:15	23		SG Zons Badminton	1967	52	M50	00:59:46	261
293		256	Wolf, Olaf	01:00:15	510		Kaarst	1968	55	M45	00:59:56	269
294		257	Kalkofen, Rainer	01:00:15	1309		Leverkusen	1976	33	M40	00:59:09	242
295	W	38	Goeddertz, Martina	01:00:16	1140		3 XERCISE SG Worrin	1967	4	W50	01:00:02	40
296		258	Rosenau, Fynn	01:00:17	162		Dormagen	1982	27	M35	00:59:42	260
297		259	Arendt, Hubert	01:00:18	961		Neuss	1963	53	M50	00:59:58	270
298		260	Todt, Mike	01:00:19	863		Düsseldorf	1977	34	M40	01:00:00	271
299		261	Callejon-Cespedes, Antoni	01:00:20	971		Zons	1958	22	M55	01:00:12	279
300		262	Jansen, Julian	01:00:22	348		Bonn	1989	28	M	00:59:53	265
301		263	Anselm, Jan	01:00:23	555		Eisele Lunge Randkan	2003	3	MJ U16	00:59:54	267
302		264	Schlebrowski, Dietmar	01:00:23	635		Dormagen	1962	23	M55	01:00:14	280
303		265	Anselm, Tobias	01:00:24	554		Eisele Lunge Randkan	2001	5	MJ U18	00:59:55	268
304		266	Klein, Jan Niklas	01:00:25	1438			1998	5	MJ U20	00:58:54	233
305		267	Drewniok, Frank	01:00:25	494		vereinslos	1958	24	M55	00:58:59	237
306		268	Hütz, Volker	01:00:28	766		Solingen	1965	54	M50	01:00:02	273
307	W	39	Schnering, Lenja	01:00:28	1521		Meerbusch	1990	10	W	01:00:08	41
308		269	Garbe-Immel, Jan	01:00:29	499		running-podcast.de	1968	56	M45	01:00:03	274
309		270	Send, Felix	01:00:30	894		Destination Anywhere	1981	28	M35	00:59:17	246
310		271	Angermann, Jörg	01:00:33	1183		Dormagen	1967	55	M50	01:00:08	277
311	W	40	Müller, Inka	01:00:33	775		Dormagen	1982	5	W35	00:59:59	39
312		272	Schumann, Niclas	01:00:33	1338		Dormagen	1987	26	M30	01:00:21	284
313		273	Kenter, Sebastian	01:00:34	1092		Willich	1960	25	M55	01:00:24	288
314		274	Gallina, Pasquale	01:00:36	1435			1979	29	M35	00:59:37	259
315	W	41	Klapper, Niklas	01:00:37	1061			1987	5	W30	01:00:17	43
316	W	42	Berghoff, Anna	01:00:38	689		NGK	2003	2	WJ U16	00:59:45	36
317		275	Vogt, Josef	01:00:40	873		TV Frisch Auf Lennep	1952	5	M65	01:00:21	285
318		276	Kräuter, Thomas	01:00:43	1471			1978	30	M35	01:00:21	283
319		277	Tull, Matthias	01:00:43	68		gute-beine	1967	56	M50	00:59:31	256
320		278	Winter, Thomas	01:00:44	749		gute-beine	1970	57	M45	00:59:30	254
321		279	Leuker, Christoph	01:00:44	408			1966	57	M50	00:59:23	249
322	W	43	Lingk, Iris	01:00:45	1519		TVS 82 Opladen	1974	6	W40	01:00:13	42
323	W	44	Schulz, Anja	01:00:47	288		SC Bayer 05 Uerding	1979	6	W35	01:00:23	44
324		280	Baikowski, Christian	01:00:49	1556		TG Stürzelberg	1967	58	M50	01:00:42	297
325	W	45	Kemmerling, Gudrun	01:00:49	70		SC Bayer 05	1966	5	W50	01:00:27	45
326		281	Schmitz, Sascha	01:00:53	1060			1988	29	M	01:00:32	292
327		282	Putzki, Peter	01:00:54	1059			1976	35	M40	01:00:33	293
328		283	Trottenberg, Jonas	01:00:55	1454		Gut Klitzenhof	1986	27	M30	01:00:24	287
329		284	Müller, Rolf	01:00:57	912		Familienportclub Mül	1968	58	M45	00:59:20	248
330		285	Holtkoetter, Torsten	01:00:58	897		SV Langenfeld	1968	59	M45	00:59:30	255

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
331		286	Lambert, Dietmar	01:01:00	1110		RSC Nievenheim	1956	5	M60	01:00:05	276
332		287	Lohmann, Dietrich	01:01:02	1537		Tus 82 Opladen	1962	26	M55	01:00:30	290
333		288	Voigt, Manfred	01:01:05	1342		Dormagen	1962	27	M55	01:00:36	294
334		289	Horsdt, Andreas	01:01:09	1535			1959	28	M55	01:00:24	286
335		290	Schmitz, Marcel	01:01:11	615		Fortuna Düsseldorf	1984	28	M30	01:00:16	281
336		291	Wilhelm, Patrick	01:01:13	893		Destination Anywhere	1978	31	M35	01:00:01	272
337		292	Haas, Markus	01:01:14	145		Die Laufburschen	1968	60	M45	01:01:10	305
338	W	46	Gagliardi, Romina	01:01:16	277		1988	1988	11	W	01:00:49	47
339		293	Beckmann, Micha	01:01:16	278		1988	1970	61	M45	01:00:50	299
340	W	47	Carlitscheck, Mareike	01:01:18	330		Köln Poll	1979	7	W35	01:00:54	48
341		294	Szesny, André	01:01:21	744			1975	36	M40	01:00:40	296
342	W	48	Camen, Verena	01:01:24	664		Düsseldorf	1993	12	W	01:00:28	46
343		295	Jürgens, David	01:01:24	665		Düsseldorf	1992	30	M	01:00:27	289
344		296	Plainer, Alfred	01:01:28	444		Kaiserslautern	1949	6	M65	01:00:12	278
345		297	Kiefaber, Wolfgang	01:01:30	1311		TV Steinforth-Rubbelr	1958	29	M55	01:00:31	291
346		298	Schumacher, Lutz	01:01:44	249		Skiclub Remscheid	1961	30	M55	01:01:09	304
347		299	Pfister, Wilfried	01:01:53	345		LT MG-Volksgarten	1953	6	M60	01:01:16	306
348		300	Hölscher, Tobias	01:01:53	901		Wermelskirchen	1985	29	M30	01:00:18	282
349		301	Flecke, Jürgen	01:01:53	690		Dormagen	1967	59	M50	01:01:00	303
350		302	Kehrbaum, Sebastian	01:01:55	1558		Feuerwehr Lützenkirc	1984	30	M30	01:01:16	307
351	W	49	Perkhof, Jutta	01:02:01	1495			1976	7	W40	01:01:19	49
352	W	50	Mevissen, Andrea	01:02:01	1496		TV Bedburg 1927	1973	8	W40	01:01:19	50
353	W	51	Kumpernaß, Susanne	01:02:01	1290		Weingart Winners	1979	8	W35	01:01:37	54
354		303	Limbach, Markus	01:02:02	1469			1967	60	M50	01:00:45	298
355		304	Beckord, Dirk	01:02:05	118			1966	61	M50	01:01:26	309
356		305	Lederer, Joachim	01:02:07	1585			1963	62	M50	01:01:51	318
357		306	Römling, Jens	01:02:08	641		Düsseldorf	1964	63	M50	01:00:52	300
358	W	52	Patzelt, Petra	01:02:10	1584		Vedesheimer TV	1968	9	W45	01:01:54	58
359		307	Menne, Dieter	01:02:12	1121		Kieser Training	1964	64	M50	01:01:36	311
360	W	53	Böhme, Nina	01:02:12	679		SVBG	1969	10	W45	01:01:35	53
361		308	Ristau, Steffen	01:02:12	17		Düsseldorf	1980	32	M35	01:00:39	295
362	W	54	Stich, Karin	01:02:14	1636		Tus 82 Opladen	1965	6	W50	01:01:35	52
363		309	Preussner, Ralf	01:02:15	674			1969	62	M45	01:01:42	315
364		310	Redetzke, Alexander	01:02:17	299		Dormagen	1993	31	M	01:00:53	301
365		311	Billert, Frank	01:02:18	45		Dormagen	1965	65	M50	01:01:47	317
366		312	Berns, Michael	01:02:19	76		Neuss	1965	66	M50	01:01:59	320
367	W	55	Bussmann, Kerstin	01:02:22	675		Pulheim	1971	11	W45	01:01:48	57
368		313	Blümer, Michael	01:02:33	111		Dormagen	1969	63	M45	01:01:20	308
369	W	56	Jaquet, Veronique	01:02:33	976		Pulheim	1977	9	W40	01:01:41	55
370		314	Will, Andreas	01:02:33	633		Feuerwehr Monheim	1992	32	M	01:00:57	302
371	W	57	Helmig, Michaela	01:02:37	86		Dormagen	1970	12	W45	01:01:24	51
372		315	Wallraff, Tim	01:02:38	493		Ortsverband Bündnis	1976	37	M40	01:01:44	316
373	W	58	Kohnen, Claudia	01:02:42	1468			1974	10	W40	01:02:27	61
374		316	Klöttchen, Lars	01:02:43	771		United Firefighters	1989	33	M	01:01:26	310
375	W	59	Müller, Sarah	01:02:47	103			1980	9	W35	01:01:46	56
376		317	Els, Jürgen	01:02:50	800		BSG RheinEnergie	1969	64	M45	01:01:38	313
377		318	Tuna, Izzet	01:02:53	1511		BSG Rabaz E.V.	1967	67	M50	01:02:31	331
378		319	Bücker, Theo	01:02:56	1046		Westfälische OL-Freu	1953	7	M60	01:02:41	340
379		320	Schöler, Thorsten	01:02:58	470		TSV Dieringhausen	1965	68	M50	01:02:35	333
380		321	Wenk, Kai	01:02:58	354		BSG EVL-Lauftreff	1984	31	M30	01:02:05	321
381		322	Pavlik, Klaus	01:02:58	266		BSG EVL-Lauftreff	1962	31	M55	01:02:06	322
382		323	Stich, Jo	01:03:00	1631			1962	32	M55	01:02:21	325
383		324	Holtkötter, Olaf	01:03:02	409			1971	65	M45	01:01:40	314
384		325	Hansen, Peter	01:03:04	937		Hennef	1964	69	M50	01:02:40	338
385	W	60	Lehmann, Sarah	01:03:04	1510			1983	6	W30	01:02:32	63

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
386		326	Werner, Christoph	01:03:04	790		BSG RheinEnergie	1965	70	M50	01:01:52	319
387	W	61	von der Linden, Yvonne	01:03:04	44		Dormagen	1971	13	W45	01:02:34	64
388		327	von der Linden, Holger	01:03:04	43		Dormagen	1965	71	M50	01:02:34	332
389		328	Andre, Alfred	01:03:05	1423		SG Worringen	1949	7	M65	01:02:18	324
390	W	62	Sauer, Corinna	01:03:06	783		Rommerskirchen	1997	13	W	01:02:37	65
391	W	63	Klin, Silvia	01:03:07	645		SVR Rosellen	1981	10	W35	01:02:51	68
392		329	Dohmen, Axel	01:03:11	946		Laufen statt Saufen	1987	32	M30	01:02:27	328
393		330	Bebber, Jörg	01:03:14	498		Korschenbroich	1965	72	M50	01:02:41	339
394		331	von Steuber, Hans Christi	01:03:17	609		BDÜ NRW	1962	33	M55	01:01:36	312
395		332	Nowak, Ingo	01:03:19	159		Düsseldorf	1976	38	M40	01:02:51	343
396	W	64	Dulak, Daniela	01:03:19	1292		Pulheimer SC	1974	11	W40	01:02:28	62
397	W	65	Nowak, Simone	01:03:19	158			1975	12	W40	01:02:51	67
398		333	Wehrhahn, Erne	01:03:22	545		LT Alt-Erkrath	1948	8	M65	01:02:21	326
399		334	Clemens, Martin	01:03:25	72		Rommerskirchen	1976	39	M40	01:03:17	355
400	W	66	Reichert, Daniela	01:03:26	696		SG Zons Tennis	1971	14	W45	01:03:12	71
401		335	Koch, Bernd	01:03:27	1458		Ineos Köln	1960	34	M55	01:02:22	327
402		336	Hunold, Claus	01:03:28	434		Dormagen	1973	40	M40	01:03:07	350
403	W	67	Lietzau-Hunold, Svenja	01:03:29	435		Dormagen	1972	15	W45	01:03:07	70
404		337	Ankenbrand, Dirk	01:03:29	436		Neuss	1968	66	M45	01:03:07	352
405		338	Schlaefke, Dieter	01:03:33	762		DJK Adler 07 Bottrop	1948	9	M65	01:03:07	351
406		339	Wenke, Patrik	01:03:38	1478			1969	67	M45	01:02:58	348
407		340	Gensch, Marco	01:03:39	1035		Kaarst	1974	41	M40	01:02:51	345
408		341	Winter, Wolfgang	01:03:41	1093		Köln	1966	73	M50	01:02:38	336
409		342	Gaspers, Klaus	01:03:42	969		DJK Kleinenbroich	1966	74	M50	01:02:43	342
410		343	Offers, Hugo	01:03:42	817		BCS	1964	75	M50	01:02:37	335
411	W	68	Niggemann, Anja	01:03:44	1055		Hildener AT	1969	16	W45	01:03:19	72
412		344	Boldt, Patrick	01:03:44	1102		Dormagen	1989	34	M	01:02:13	323
413		345	Lunau, Frank	01:03:47	322		LT Gruiten-Neanderta	1965	76	M50	01:02:39	337
414	W	69	Frey, Christina	01:03:50	1144		Kölnpfad on Tour	1974	13	W40	01:02:14	59
415	W	70	Klinken, Rebekka	01:03:51	1122		Köln	1985	7	W30	01:02:16	60
416		346	Loaiza Garcia, Carlos Andr	01:03:52	824		BCS	1979	33	M35	01:03:46	366
417		347	Jungk, Berthold	01:03:56	1474		Bürgerverein Worring	1955	8	M60	01:02:36	334
418		348	Bollig, Klaus	01:03:57	1002		LG RWE POWER	1964	77	M50	01:03:02	349
419		349	Rosina, Miroslav	01:04:03	1508			1959	35	M55	01:03:30	359
420		350	Soraruf, Brian	01:04:03	14		Team Bratwurst	1975	42	M40	01:02:30	330
421	W	71	Voss, Lina	01:04:04	643			2000	1	WJ U18	01:03:04	69
422	W	72	Othman, Jacqueline	01:04:07	740			1974	14	W40	01:03:51	78
423	W	73	Gundlach, Vanessa	01:04:08	993		Dormagen	1991	14	W	01:03:26	73
424	W	74	Apel, Susanne	01:04:09	1125		FunRunner	1969	17	W45	01:03:29	74
425		351	Liebig, Thomas	01:04:11	293		INEOS Köln	1981	34	M35	01:02:41	341
426		352	Posch, PN	01:04:13	239			1978	35	M35	01:02:51	344
427	W	75	Knobel- Brücher, Monika	01:04:15	885		TV Frisch Auf Lennep	1963	7	W50	01:03:32	75
428		353	Kieselmann, Tim	01:04:17	449		Leverkusen	1994	35	M	01:03:27	358
429		354	Schlecht, Mathias	01:04:19	63			1980	36	M35	01:02:29	329
430		355	Schellhorn, Georg	01:04:20	253		Langenfeld	1957	9	M60	01:03:21	356
431		356	Schiffer, Thomas	01:04:22	192		Lauffreunde BKZ	1968	68	M45	01:03:38	364
432		357	May, Volker	01:04:27	1322		Dormagen	1960	36	M55	01:03:26	357
433		358	Grieser, Jens	01:04:28	410		Erkrath	1976	43	M40	01:03:17	353
434		359	Misch, Christian	01:04:30	1486			1970	69	M45	01:03:34	362
435		360	Garcia, Yoel Alejandro	01:04:31	626			1999	6	MJ U20	01:03:55	369
436		361	Lüdenbach, Andreas	01:04:32	879		TV Frisch Auf Lennep	1967	78	M50	01:03:33	361
437	W	76	Link, Sylwia	01:04:33	1359		FC Straberg	1977	15	W40	01:03:36	76
438		362	Misere, Klaus Walter	01:04:35	305		TSV Dieringhausen	1953	10	M60	01:04:13	378
439	W	77	Semper, Julia	01:04:36	1302		Kaarst	1999	2	WJ U20	01:04:01	79
440		364	Wolf, Julian	01:04:36	1303		Kaarst	1998	7	MJ U20	01:04:01	371

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
441		363	Gardemann, Jürgen	01:04:36	468		TV Germania Nordhe	1960	37	M55	01:03:32	360
442	W	78	Pohl, Maria	01:04:36	316		Bergheim	1980	11	W35	01:02:40	66
443		365	Everts, Frank	01:04:36	344		Neuss	1959	38	M55	01:04:19	387
444		366	Anselm, Norbert	01:04:40	553		Eisele Lunge Randkan	1964	79	M50	01:04:11	376
445		367	Escher, Christoph	01:04:47	42		Angerland Lauftreff Li	1966	80	M50	01:04:12	377
446		368	Nentwig, Filipp	01:04:49	100		Mönchengladbach	1974	44	M40	01:02:58	347
447		369	Ziemann, Andree	01:04:49	1134		Gevelsberg	1975	45	M40	01:03:44	365
448		370	Peters, Michael	01:04:49	95		Erkelenz	1972	70	M45	01:02:57	346
449	W	79	Zietlow, Susanne	01:04:50	67		Pace Pack Runners	1973	16	W40	01:03:44	77
450	W	80	Rentergent, Sabine	01:04:52	1629			1967	8	W50	01:04:24	83
451		371	Tillmanns, Michael	01:04:55	199		MPG	1975	46	M40	01:03:17	354
452		372	Diekmann, Fabian	01:04:58	1193		Herr	1982	37	M35	01:04:44	397
453		373	Günzel, Torsten	01:04:59	692		SG Zons Tennis	1975	47	M40	01:03:49	368
454		374	Müllers, Udo	01:04:59	1186		Rheydter TV	1965	81	M50	01:04:40	395
455		375	Michels, Jürgen	01:05:00	1451			1971	71	M45	01:04:04	375
456		376	Döring, Norbert	01:05:00	920		LT Oleander	1957	11	M60	01:04:17	383
457		377	Meves, Klaus	01:05:00	420		LT Oleander	1961	39	M55	01:04:19	386
458		378	Führes, Hauke	01:05:01	561		Dormagen	1980	38	M35	01:03:49	367
459	W	81	Opitz, Dorothea	01:05:01	442		LT TB Hassels Düssel	1961	3	W55	01:04:08	81
460		379	Pfordt, Alexander	01:05:04	193		Lauffreunde BKZ	1965	82	M50	01:04:17	384
461		380	Michailow, Jean-Philipp	01:05:10	1566			1978	39	M35	01:03:35	363
462		381	Derosas, Alexander	01:05:10	284		TG Neuss	1974	48	M40	01:04:19	385
463		382	Borchers, Wolfgang	01:05:11	1124			1950	10	M65	01:04:57	401
464		383	Neisius, Joachim	01:05:12	359		ASC Rosellen-Neuss	1970	72	M45	01:04:34	392
465		384	Dominik, Ingo	01:05:13	540		Dormagen	1966	83	M50	01:04:24	388
466		385	Schulz, Günther	01:05:14	725		Leverkusen	1952	11	M65	01:04:15	380
467		386	Hilgers, Frank	01:05:17	1524		LG St. Peter	1970	73	M45	01:04:35	394
468	W	82	Hilden, Ute	01:05:22	525		Team Family	1970	18	W45	01:05:09	89
469		387	Üstünsoy, Volkan	01:05:23	1517			1975	49	M40	01:04:55	400
470	W	83	Ganter, Beate	01:05:23	1346		Monheim	1970	19	W45	01:04:41	84
471	W	84	Bücken, Alexandra	01:05:23	1345		Monheim	1970	20	W45	01:04:42	85
472		388	Bicker, Stefan	01:05:25	290		Kerpen	1965	84	M50	01:04:13	379
473	W	85	Wolf, Annika	01:05:27	204			1980	12	W35	01:04:02	80
474		389	Barth, Alexander	01:05:27	202			1980	40	M35	01:04:03	372
475		390	Etspueler, Robert	01:05:27	203			1984	33	M30	01:04:03	373
476		391	Högemann, Thorsten Omo	01:05:39	1123		Muay Thai Köln SG W	1978	41	M35	01:04:34	393
477		392	Sigmund, Stefan	01:05:39	734		Hauptsache Alessio g	1987	34	M30	01:04:44	396
478	W	86	Schroeder, Anne	01:05:40	1095		Köln	1976	17	W40	01:04:54	86
479		393	Baur, Wolfram	01:05:40	601		BDÜ NRW	1963	85	M50	01:03:59	370
480		394	Winzen, Dominik	01:05:41	1462			1983	35	M30	01:04:17	382
481		395	von Haagen, Robin	01:05:41	1509			1984	36	M30	01:04:17	381
482		396	Klemenz, Alexander	01:05:42	945			1997	36	M	01:04:04	374
483		397	Robben, Volker	01:05:44	1365		Hot Socks	1971	74	M45	01:05:16	407
484		398	Dries, Michael	01:05:46	488		Team Freilauf	1976	50	M40	01:05:09	404
485		399	Becker, Walter	01:05:47	729		LLG 80 Nordpark Köl	1944	1	M70	01:05:27	412
486		400	Rommerskirchen, Bastian	01:05:49	735		Hauptsache Alessio g	1986	37	M30	01:04:53	399
487		401	Peifer, Stephan	01:05:49	113		allebekloppt	1970	75	M45	01:04:26	389
488	W	87	Nickisch, Isabella	01:05:50	329		Neuss	1991	15	W	01:05:18	92
489		402	Kamphausen, Michael	01:05:51	922		Mönchengladbach	1968	76	M45	01:04:28	390
490		403	Schuren, Stefan	01:05:51	1024		Nettetal	1978	42	M35	01:04:29	391
491	W	88	Anlage, Sabine	01:05:56	13		Team Bratwurst	1973	18	W40	01:04:24	82
492		404	Petermann, Thorsten	01:05:58	646		Grevenbroich	1980	43	M35	01:05:06	403
493		405	Schiefer, Martin	01:06:00	1297		Düsseldorf	1986	38	M30	01:05:48	422
494		406	Hartmann, Hubertus	01:06:01	1160		TG Stürzelberg	1964	86	M50	01:04:59	402
495		407	Apel, Andreas	01:06:01	1126		FunRunner	1969	77	M45	01:05:21	408

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
496		408	Block, Christian	01:06:08	831		KG Rot Weiß Feste Zo	1978	44	M35	01:05:22	409
497		409	Block, Thorsten	01:06:08	830		KG Rot Weiß Feste Zo	1979	45	M35	01:05:26	411
498		410	Schiefelbein, Jens	01:06:13	263		Dormagen	1987	39	M30	01:05:30	414
499		411	Schmitz, Christian-Moritz	01:06:15	393		Hennef 05	1985	40	M30	01:04:46	398
500	W	89	Theodoridou, Eleni	01:06:17	1112		SFD 75 Düsseldorf	1975	19	W40	01:04:55	87
501		412	Bäcker, Rainer	01:06:20	318		Triclub Wuppertal	1956	12	M60	01:05:37	417
502	W	90	Dopatka, Sabine	01:06:21	504		Laufen	1980	13	W35	01:05:50	95
503	W	91	Beckmann, Edith	01:06:23	809		BCS	1976	20	W40	01:05:04	88
504		413	Konen, Martin	01:06:25	1190		Düsseldorf	1959	40	M55	01:05:33	415
505	W	92	Schäfer, Karin	01:06:31	1447			1961	4	W55	01:05:17	91
506		414	Adamczyk, Franz	01:06:32	895		Dormagen	1952	12	M65	01:05:24	410
507	W	93	Wahl, Susanne	01:06:35	941		Team Rosa Socke	1968	21	W45	01:05:11	90
508	W	94	Boland, Kornelia	01:06:35	390		friedrichstatter sportv	1960	5	W55	01:05:28	93
509		415	Mannheim, Michael	01:06:35	728		LLG 80 Nordpark Köl	1946	2	M70	01:06:14	429
510		416	Voss, Marcell	01:06:36	1133		Lauftreff Leverkusen	1979	46	M35	01:05:54	424
511		417	Grüning, Christoph	01:06:37	791		Team Rosa Socke	1959	41	M55	01:05:12	405
512		418	Kusters, Mark	01:06:41	19		Erkrath	1970	78	M45	01:05:46	419
513		419	Samusch, Rene	01:06:42	913		Dormagen	1973	51	M40	01:05:14	406
514		420	Wiemer, Michael	01:06:44	479		Solingen	1973	52	M40	01:05:46	418
515		421	Gale, Daniel	01:06:46	992		SCB Horrem	1977	53	M40	01:06:06	427
516	W	95	Goy-Gerber, Susanne	01:06:48	248		Kerpen	1966	9	W50	01:06:13	96
517		422	Hüntelmann, Wilfried	01:06:51	1538			1965	87	M50	01:05:33	416
518	W	96	Menzel, Hanna	01:06:56	1118		SFD 75 Düsseldorf	1995	16	W	01:05:35	94
519		423	Goldbach, Sebastian	01:06:59	1131		1.FC Köln	1979	47	M35	01:05:29	413
520		424	Busch, Andreas	01:07:03	770		United Firefighters	1987	41	M30	01:05:47	421
521		425	Barth, Philippe	01:07:03	769		United Firefighters	1983	42	M30	01:05:47	420
522		426	Bartsch, Domenik	01:07:11	1632		Junggesellenabschied	1985	43	M30	01:06:59	445
523		427	Hoffmann, David	01:07:11	1284		Wuppertal	1986	44	M30	01:07:00	446
524		428	Deckmann, Frank	01:07:13	565		Söhne Uessems	1981	48	M35	01:06:24	432
525		429	Wagner, Sven	01:07:14	394		Söhne Uessems	1980	49	M35	01:06:24	433
526		430	Hoffmann, Lukas	01:07:14	1285		Augsburg	1984	45	M30	01:07:01	447
527		431	Lambertz, Jürgen	01:07:15	650		Chemion Logistik Gm	1965	88	M50	01:05:54	425
528	W	97	Erpenbach-Philipp, Marlis	01:07:17	1424		SG Worringen	1954	1	W60	01:06:31	98
529		433	Janßen, Peter	01:07:18	355		Vohwinkeler STV	1967	89	M50	01:05:50	423
530	W	98	Goebbels, Jacqueline	01:07:18	476			1978	14	W35	01:06:38	101
531		432	Jan, Luckas	01:07:18	475			1962	42	M55	01:06:38	437
532		434	Ohn, Roland	01:07:19	701		Leverkusen	1970	79	M45	01:06:00	426
533	W	99	Brünger, Elke	01:07:20	1513			1967	10	W50	01:06:33	100
534	W	100	Brünger, Nele	01:07:20	1299		Norbert Gymnasium	2001	2	WJ U18	01:06:32	99
535		435	Kött, Stefan	01:07:23	84		Pulheim SC	1967	90	M50	01:06:33	436
536		436	Göbel, Henning	01:07:25	1068		Pulheimer SC	1944	3	M70	01:06:17	430
537		437	Wickel, Matthias	01:07:25	380		Wuppertal	1984	46	M30	01:06:53	443
538		438	Lincke, Fred	01:07:32	572		Düsseldorf	1950	13	M65	01:06:18	431
539		439	Janssen, Wilfried	01:07:34	450		DJK Gillrath	1957	13	M60	01:06:47	440
540	W	101	Arendt, Annerose	01:07:37	962		Team Schweinheim	1966	11	W50	01:06:52	103
541	W	102	Bucher, Monika	01:07:38	1316		LT Krefeld-Oppum	1959	6	W55	01:07:04	106
542	W	103	Peters, Monika	01:07:39	1331		Lt Krefeld-Oppum	1964	12	W50	01:07:05	107
543		440	Landwehr, Martin	01:07:41	326		Grevenbroich	1972	80	M45	01:06:10	428
544		441	Swyter, Reno	01:07:41	911		Düsseldorf	1981	50	M35	01:06:44	439
545		442	Stoermer, Magnus	01:07:41	896		LT Klappstuhl	1975	54	M40	01:06:43	438
546		443	Beivers, Willi	01:07:52	935		Dormagen	1960	43	M55	01:07:16	448
547		444	Kottmann, Stephan	01:07:52	319		Vohwinkeler STV	1969	81	M45	01:06:25	434
548	W	104	Potthoff, Silke	01:07:55	1022			1971	22	W45	01:07:18	108
549	W	105	Herrmann, Lisa	01:07:56	535		HM-Projects	2001	3	WJ U18	01:07:39	111
550	W	106	Jungbluth, Maren	01:07:56	148		Fortuna Düsseldorf	1972	23	W45	01:07:44	112

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551		445	Droeger, Norbert	01:08:03	808		BCS	1970	82	M45	01:07:35	455
552		446	Dopjung, Tim	01:08:05	1525			1995	37	M	01:06:48	441
553		447	Scheufen, Manfred	01:08:05	814		BCS	1972	83	M45	01:07:58	464
554	W	107	Mertens, Nadine	01:08:07	92			1996	17	W	01:06:27	97
555		448	Pick, Tobias	01:08:07	539		Allerheiligen Hood ne	1976	55	M40	01:07:16	449
556	W	108	Schulze, Carmen	01:08:10	921		Nettetal	1978	15	W35	01:06:49	102
557		449	Wirtschaftler, Marcel	01:08:14	1179		KG Rhingdoerp Alaaf	1981	51	M35	01:07:31	453
558	W	109	Ferfers, Claudia	01:08:15	15		Lauffreunde Niers	1959	7	W55	01:06:56	104
559		450	Ferfers, Norbert	01:08:15	16		Lauffreunde Niers	1957	14	M60	01:06:57	444
560		451	Kremer, Christoph	01:08:19	182		Overath	1977	56	M40	01:06:33	435
561		452	Rudolph, Oskar	01:08:21	1289		Weingart Winners	1963	91	M50	01:07:57	463
562		453	Voigt, Oliver	01:08:22	491		Ortsverband Bündnis	1972	84	M45	01:06:50	442
563	W	110	Lepperhoff, Eva	01:08:24	714		LC Duisburg	1971	24	W45	01:07:04	105
564	W	111	Lang, Judith	01:08:24	1150		Kaarst	1968	25	W45	01:07:51	113
565	W	112	Koch, Corinna	01:08:25	753		TSV Dieringhausen	1970	26	W45	01:08:00	118
566		454	Maziul, Carsten	01:08:29	31		SG Zons Tennis	1974	57	M40	01:07:20	451
567		455	Ruh, Efrain	01:08:30	1564			1974	58	M40	01:07:51	458
568		456	Jülich, Holger	01:08:30	908		Bergheim	1971	85	M45	01:08:03	466
569	W	113	Ritto- Lobpreis, Stefanie	01:08:33	1518		SV Rosellen	1967	13	W50	01:07:22	109
570		457	Persicke, Armin	01:08:40	1489			1962	44	M55	01:07:19	450
571	W	114	Lingen-Heyer, Petra	01:08:45	940		Kempen	1974	21	W40	01:07:26	110
572		458	Rey, Manfred	01:08:45	517		Kempener Turnverein	1968	86	M45	01:07:25	452
573	W	115	Köhler, Anja	01:08:47	1023			1986	8	W30	01:08:09	119
574	W	116	Krüll, Rebecca	01:08:49	480		TTC Wuppertal	1993	18	W	01:07:55	115
575		459	Dopjans, Gerd	01:08:50	336		Dormagen	1964	92	M50	01:07:32	454
576	W	117	Kirchhoff, Kirsten	01:08:50	1588			1967	14	W50	01:07:54	114
577		460	Kraeuter, Martin	01:08:50	1472			1976	59	M40	01:08:28	470
578		461	Wingartz, Roland	01:08:50	1514			1972	87	M45	01:07:55	461
579		462	Herden, Joerg	01:09:01	1281		Grevenbroich	1963	93	M50	01:08:14	468
580	W	118	Hegenberg, Christiane	01:09:04	156		Essen	1963	15	W50	01:08:10	120
581	W	119	Holzborn, Patricia	01:09:06	115			1979	16	W35	01:07:56	116
582	W	120	Dominik, Simone	01:09:08	541		Dormagen	1975	22	W40	01:08:18	121
583	W	121	Hoang, Thu-Trang	01:09:09	533		HM-Projects	1967	16	W50	01:08:52	133
584	W	122	Potreck, Michaela	01:09:11	1608		PSV Brühl Triathlon T	1974	23	W40	01:08:44	130
585	W	123	Yang, You Young	01:09:13	1001		Dormagen	1989	19	W	01:09:02	134
586		463	Block, Marco	01:09:18	51		ASC Düsseldorf	1967	94	M50	01:08:01	465
587		464	Schmitz, Raoul	01:09:19	392		MTV Mülheim 1850	1957	15	M60	01:07:52	459
588		465	Kruse, Michael	01:09:20	1005		LLG 80 Nordpark Köl	1965	95	M50	01:08:59	482
589	W	124	Kruse, Anne	01:09:20	1004		LLG 80 Nordpark Köl	1959	8	W55	01:08:00	117
590		466	Braun, Ulrich	01:09:22	1439			1968	88	M45	01:07:51	457
591	W	125	Fühser, Christiane	01:09:25	210		Roki Joggis	1978	17	W35	01:08:40	127
592		467	Noiron, Maik	01:09:26	5		Team Raphael	2000	6	MJ U18	01:07:57	462
593		468	Kerber, Alfred	01:09:28	1602			1955	16	M60	01:08:13	467
594		469	Burtscheidt, Franz	01:09:31	85		LT Düsseldorf	1960	45	M55	01:08:40	472
595	W	126	Voss, Lara	01:09:38	644			2003	3	WJ U16	01:08:39	126
596		470	Dau, Patrick	01:09:39	1429		Feuerwehr Baumberg	1977	60	M40	01:07:45	456
597		471	Flechtner, Markus	01:09:41	339		Hlden	1969	89	M45	01:07:53	460
598		472	Voss, Udo	01:09:42	642			1973	61	M40	01:08:42	473
599		473	Willms, Laurent	01:09:44	353			1947	4	M70	01:08:42	474
600	W	127	Baches, Eva	01:09:49	972		Luschenläufer	1977	24	W40	01:08:51	132
601		474	Baches, Thomas	01:09:49	973		Luschenläufer	1980	52	M35	01:08:51	478
602	W	128	Ritterbach, Caroline	01:09:50	357		Dormagen	1981	18	W35	01:09:18	138
603	W	129	Kolliniatis, Tanja	01:09:52	200		MPG	1973	25	W40	01:08:32	123
604		475	Bochem, Thomas	01:09:53	451		Köln	1972	90	M45	01:08:45	475
605		476	Böhnke, Frank	01:09:54	522		LT Turnerbund-Hasse	1948	14	M65	01:09:00	484

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
606		477	Graeske, Rainer	01:09:54	166			1962	46	M55	01:08:52	479
607		478	Lorenzen, Uli	01:09:56	335		TSV Dieringhausen	1966	96	M50	01:09:33	496
608	W	130	Nierstenhöfer, Petra	01:09:56	331		TSV Dieringhausen	1975	26	W40	01:09:33	147
609		479	Schwabe, Werner	01:09:58	1113		SFD 75 Düsseldorf	1957	17	M60	01:09:09	486
610		480	Pamatat, Vincent	01:09:59	1545			2000	7	MJ U18	01:08:55	481
611		481	König, Wilhelm	01:09:59	1114		SFD 75 Düsseldorf	1951	15	M65	01:09:10	487
612		482	Führes, Steffen	01:10:02	560		Dormagen	1983	47	M30	01:08:49	477
613	W	131	Volknandt, Gabi	01:10:02	464		LG Füreinander Wupp	1962	9	W55	01:08:48	131
614	W	132	Sureth, Emilia	01:10:05	273		LG Wittgenstein	2001	4	WJ U18	01:10:04	156
615		483	Frunzke, Jan	01:10:05	825		BCS	1973	62	M40	01:08:24	469
616	W	133	Niggemeier, Anja	01:10:07	1151		Leverkusen	1973	27	W40	01:08:29	122
617	W	134	Ertz, Kathrin	01:10:07	823		BCS	1967	17	W50	01:08:40	128
618	W	135	Babilon, Iris	01:10:08	497		TSV Bayer Leverkuse	1964	18	W50	01:08:41	129
619		484	Missbach, Peter	01:10:10	1357		FC Straberg	1957	18	M60	01:09:03	485
620	W	136	Figiel, Claudia	01:10:11	1553		LT Saaler Mühle	1968	27	W45	01:09:29	144
621		485	Hanf, Manfred	01:10:11	1552		LT Saaler Mühle	1961	47	M55	01:09:28	493
622		486	Biederbick, Renè	01:10:12	30		Dormagen	1970	91	M45	01:08:47	476
623		487	Koch, Peter	01:10:12	547		RWE AG	1957	19	M60	01:09:10	488
624	W	137	Kluth, Michi	01:10:12	713		Köln	1969	28	W45	01:08:36	125
625	W	138	Eßer, Tamara	01:10:13	712		Köln	1975	28	W40	01:08:36	124
626	W	139	Freitag, Yvonne	01:10:13	743			1978	19	W35	01:09:32	146
627	W	140	Voigt, Jaroslava	01:10:15	490		Ortsverband Bündnis	1975	29	W40	01:09:26	143
628	W	141	Ritgens, Christiane	01:10:15	25		Mönchengladbach	1964	19	W50	01:09:24	142
629		488	Wollenweber, Olaf	01:10:15	152		FTV Fischeln	1968	92	M45	01:08:34	471
630	W	142	Guntermann, Annette	01:10:18	1613		Pulheimer SC	1963	20	W50	01:09:11	136
631		489	Ruzicka, Andreas	01:10:18	1048		Zonser Märchenvierte	1965	97	M50	01:09:42	498
632		490	Biadan, Mathias	01:10:19	1437		Mario Party Crew	1987	48	M30	01:09:22	491
633		491	Odelga, Daniel	01:10:19	1414		TTC Dormagen	1986	49	M30	01:09:22	490
634		492	Kampmeier, Raphael	01:10:24	1583			1971	93	M45	01:08:59	483
635		493	Löneburg, Nick	01:10:25	1634		SV Rheinwacht Stürz	1999	8	MJ U20	01:09:20	489
636		494	Poschmann, Björn	01:10:26	391		Neuss	1979	53	M35	01:08:55	480
637	W	143	Kemmerling, Susanne	01:10:30	1493		LG RWE Power	1970	29	W45	01:09:07	135
638		495	Rieger, Falko	01:10:31	627			1998	9	MJ U20	01:09:51	500
639	W	144	Baur, Sonja	01:10:32	521		LT Turnerbund-Hasse	1957	2	W60	01:09:38	148
640	W	145	Seifert, Anke	01:10:33	226		Aachen	1989	20	W	01:09:59	155
641		496	Pohl, Walter	01:10:35	467		DARC	1963	98	M50	01:09:26	492
642	W	146	Dahm, Sabine	01:10:36	1626		Spaßläufer	1968	30	W45	01:09:21	139
643	W	147	Ueberschär, Michaela	01:10:40	938			1966	21	W50	01:09:24	141
644	W	148	Fuhs, Silke	01:10:43	1071		Sparkasse Neuss	1973	30	W40	01:09:39	149
645		497	Boecker, Ingo	01:10:43	519		Mülheim	1970	94	M45	01:09:31	495
646	W	149	Dick, Erika	01:10:44	495		TuS 05 Quettingen	1941	1	W75	01:09:16	137
647		498	Boeckel, John	01:10:45	685		SCU	1966	99	M50	01:09:29	494
648	W	150	Oliveira, Anabela	01:10:45	686		Erkrath	1964	22	W50	01:09:30	145
649		499	Schermann, Manfred	01:10:48	1057		Willich	1943	5	M70	01:10:10	504
650	W	151	Valero Ribes, Isabel	01:10:51	496		vereinslos	1996	21	W	01:09:23	140
651		500	Schmitt, Marc	01:10:51	1200		pacepack	1974	63	M40	01:10:12	507
652		501	Schmiedel, Michael	01:10:52	939			1962	48	M55	01:09:36	497
653	W	152	Friedrich, Carola	01:10:52	224		Köln	1989	22	W	01:10:17	160
654	W	153	Schwerdtfeger, Raquel	01:10:53	1466		SG Zons	2000	5	WJ U18	01:09:49	154
655		502	Wiemer, Lars	01:10:57	78		Langenfeld	1973	64	M40	01:10:12	506
656		503	Karbaum, Thorsten	01:10:57	126		Leichlingen	1972	95	M45	01:10:13	508
657		504	Gottschick, Dietman	01:11:02	1523		LT Rennhamster	1958	49	M55	01:09:46	499
658	W	154	Kather, Monika	01:11:03	207		Roki Joggis	1971	31	W45	01:10:18	161
659		505	Zychon, Siegfried	01:11:11	1520		FC Straberg	1951	16	M65	01:10:39	515
660	W	155	Sroka, Ewelina	01:11:13	1572			1980	20	W35	01:10:32	163

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
661	W	156	Kreher, Susanne	01:11:13	1606		TSV Kuppingen	1967	23	W50	01:09:43	151
662	W	157	Karpinskyj, Maria	01:11:15	723		ASC Rosellen	1959	10	W55	01:10:36	164
663		506	Sander, Frank	01:11:16	123		Arena Laufftreff Lever	1968	96	M45	01:10:06	501
664	W	158	Vissel, Ines	01:11:17	377		TuS 05 Quettingen	1976	31	W40	01:10:06	157
665	W	159	Hölmann, Sabine	01:11:17	395		Leverkusen	1977	32	W40	01:10:06	158
666	W	160	Pfeiffer, Carolin	01:11:18	899		Wermelskirchen	1982	21	W35	01:09:42	150
667	W	161	Heiroth, Jeannine	01:11:18	1196		Dormagen	1985	9	W30	01:09:47	152
668	W	162	Zimmer, Jeannine	01:11:18	739		Dormagen	1984	10	W30	01:09:48	153
669		507	Lindner, Patrick	01:11:21	625			1978	54	M35	01:10:42	520
670		508	Nellen, Stefan	01:11:22	624			1969	97	M45	01:10:46	521
671		509	Hahn, Christian	01:11:22	826		BCS	1983	50	M30	01:10:07	503
672		510	Dietrich, Kai	01:11:22	481		Solingen	1981	55	M35	01:10:07	502
673	W	163	Walther, Heidrun	01:11:25	367		Wuppertal	1966	24	W50	01:10:15	159
674		511	Möller, Karsten	01:11:27	482		Dormagen	1981	56	M35	01:10:12	505
675		512	Kuhlmann, Volker	01:11:29	368		Hennef	1967	100	M50	01:10:19	510
676	W	164	Lelittko, Lara	01:11:36	1433			1998	3	WJ U20	01:10:28	162
677		513	Franke, Marco	01:11:36	1625			1984	51	M30	01:10:28	511
678		514	Cieslik, Thomas	01:11:37	1415		SG Zons	1989	38	M	01:10:40	517
679		515	Kukoricic, Thorsten	01:11:38	1436		Mario Party Crew	1986	52	M30	01:10:39	516
680	W	165	Hahne, Stephany	01:11:38	142		Sv Rosellen	1967	25	W50	01:10:50	165
681		516	Ebermann, Siegfried	01:11:39	765		Düsseldorf	1986	53	M30	01:10:42	519
682		517	Waßenberg, Denis	01:11:45	628			1995	39	M	01:11:08	528
683		518	Raddatz, Felix	01:11:49	1304		RSC Nievenheim	1987	54	M30	01:11:06	527
684		519	Prinz, Andreas	01:11:50	46		Dormagen	1971	98	M45	01:10:50	523
685		520	Schaffmeister, Ulrich	01:11:55	779		Laufftreff Alt Erkrath	1958	50	M55	01:10:54	525
686	W	166	Schaffmeister, Nicole	01:11:55	780		Laufftreff Alt Erkrath	1964	26	W50	01:10:56	167
687	W	167	Schmidt-König, Barbara	01:11:57	1115		SFD 75 Düsseldorf	1954	3	W60	01:11:07	169
688		521	Solscheid, Niklas	01:11:59	237		Köln	1987	55	M30	01:10:35	513
689		522	Redetzke, Volker	01:11:59	298		Dormagen	1966	101	M50	01:10:36	514
690		523	Kannengießer, Sebastian	01:12:00	372		SC Pulheim	1979	57	M35	01:10:52	524
691	W	168	Erdweg, Elke	01:12:00	371		Pulheimer SC	1980	22	W35	01:10:52	166
692		524	Peters, Marcel	01:12:05	1421			1995	40	M	01:10:14	509
693		525	Höfer, Thomas	01:12:07	138		INEOS Köln	1979	58	M35	01:10:34	512
694		526	Souvignier-Kammerer, W	01:12:08	752		SV Germania Dürwiß	1943	6	M70	01:10:42	518
695	W	169	Scharbaum-Detmer, Elke	01:12:11	1307		Dormagen	1977	33	W40	01:11:26	172
696	W	170	Neuland, Marion	01:12:11	1326		Dormagen	1970	32	W45	01:11:25	171
697		527	Noll, Norbert	01:12:12	1467			1958	51	M55	01:11:09	529
698		528	Fuchs, Michael	01:12:16	404		SG Zons	1957	20	M60	01:11:39	533
699		529	Hottenbacher, Hans-Erich	01:12:18	462		LG Füreinander Wupp	1952	17	M65	01:11:03	526
700	W	171	Miemiec, Tanja	01:12:25	1329		Dormagen	1968	33	W45	01:11:09	170
701		530	Semper, Karlheinz	01:12:27	222		Kaarst	1960	52	M55	01:10:47	522
702	W	172	Wolf, Christine	01:12:29	991		Neunkirchen-Seelsch	1982	23	W35	01:11:51	175
703	W	173	Langner, Nadine	01:12:30	1047		Overath	1982	24	W35	01:11:52	176
704	W	174	Neumann, Tatjana	01:12:33	500		running-podcast.de	1964	27	W50	01:11:39	174
705	W	175	Otte, Martina	01:12:35	1069		Sparkasse Neuss	1971	34	W45	01:11:32	173
706		531	Hanschur, Denis	01:12:46	292		INEOS Köln	1986	56	M30	01:11:15	530
707		532	Weber, Ralf	01:12:46	1540		City Runners 2009	1967	102	M50	01:12:05	538
708	W	176	Glaschke, Sandra	01:12:50	340		Hilden	1970	35	W45	01:11:01	168
709		533	Vogler, Wolfgang	01:12:51	297		Fairer Handel E.V.	1949	18	M65	01:12:20	541
710		534	Drewitz, Helmut	01:12:51	660		marthomteam online	1952	19	M65	01:12:04	537
711		535	Friedrich, Robin	01:12:56	792		Team Rosa Socke	2003	4	MJ U16	01:11:28	531
712	W	177	Marx, Anika	01:12:58	167			1990	23	W	01:11:59	179
713		536	Schmidt, Jens	01:13:03	1422		FC Jogger	1971	99	M45	01:11:57	536
714	W	178	Kamp, Susanne	01:13:05	223		RTB Remscheid	1964	28	W50	01:11:54	178
715		537	Sadrija, Edon	01:13:13	168			1991	41	M	01:12:13	540

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
716		538	Hamacher, Dirk	01:13:17	1191		Dormagen	1972	100	M45	01:13:04	546
717		539	Goffin, Lukas	01:13:21	761		SV 1924 Glehn	1997	42	M	01:12:55	544
718		540	Birkmann, Markus	01:13:21	759		SV 1924 Glehn	1971	101	M45	01:12:55	545
719		541	Stevens, Heinz	01:13:23	1013		LT MG-Volksgarten	1949	20	M65	01:12:38	543
720		542	Gecks, Stefan	01:13:23	855			1977	65	M40	01:11:54	534
721	W	179	Dorf, Katharina	01:13:23	856			1980	25	W35	01:11:54	177
722		543	Hankammer, Thomas	01:13:24	1332		Solingen	1974	66	M40	01:12:06	539
723		544	Schellen, Christopher	01:13:25	184		Rommerskirchen	1987	57	M30	01:11:56	535
724		545	Todtenhöfer, Klaus	01:13:28	1063		BGC Dormagen	1963	103	M50	01:11:33	532
725	W	180	Slickers, Veronika	01:13:42	1434		Ergosport 3xErcise S	1974	34	W40	01:12:00	180
726	W	181	Christoffel, Karin	01:13:43	794		Team Rosa Socke	1967	29	W50	01:12:15	181
727	W	182	Schmidt, Melanie	01:14:03	91			1992	24	W	01:12:23	182
728		546	Kleist, Dietmar	01:14:03	1143		LG Colorado	1959	53	M55	01:12:23	542
729		547	Robben, Thorsten	01:14:04	1318		Hotsocks	1979	59	M35	01:13:35	550
730		548	Esser, Tobias	01:14:07	1476		BSG Continentale Eur	1980	60	M35	01:13:16	547
731	W	183	Düsterhus, Stefanie	01:14:07	54		Düsseldorf	1978	26	W35	01:13:33	189
732		549	Krämer, Thomas	01:14:07	1475			1970	102	M45	01:13:17	548
733	W	184	Streuer, Andrea	01:14:10	107		Monheim	1963	30	W50	01:12:49	184
734	W	185	Lukaszewska, Ola	01:14:13	1361		FC Straberg	1979	27	W35	01:13:16	187
735	W	186	Hempe, Daniela	01:14:13	428		Firsties Dormagen	1978	28	W35	01:13:15	186
736	W	187	Venz, Martina	01:14:16	296		INEOS Köln	1970	36	W45	01:12:31	183
737	W	188	Rohr, Swantje	01:14:29	347		Pulchra-Amphora e.V.	1966	31	W50	01:13:16	188
738	W	189	Müller, Mira	01:14:34	944		FC Straberg	1998	4	WJ U20	01:12:55	185
739		550	Herbold, Philipp	01:14:40	1104			1998	10	MJ U20	01:13:58	553
740	W	190	Herbold, Charlotte	01:14:43	1103			1995	25	W	01:14:01	192
741	W	191	Szuka, Sabine	01:14:47	446			1970	37	W45	01:14:20	194
742		551	Collerius, Andreas	01:14:54	117			1972	103	M45	01:13:42	552
743		552	Storz, Ulrich	01:14:55	1503			1969	104	M45	01:13:27	549
744		553	Glück, Kevin	01:15:04	1065		Dormagen	1982	61	M35	01:14:52	560
745	W	192	Neu--Strehlau, Sigrid	01:15:05	959		LAZ Mönchengladbac	1971	38	W45	01:13:39	191
746		554	Lenzen, Uwe	01:15:05	960		LAZ Mönchengladbac	1956	21	M60	01:13:40	551
747	W	193	Schleifer, Antje	01:15:08	12		Team Bratwurst	1975	35	W40	01:13:34	190
748		555	Burkhardt, Marco	01:15:15	87		Grevenbroich	1982	62	M35	01:13:59	554
749		556	Hilden, Timo	01:15:23	524		Team Family	2000	8	MJ U18	01:15:09	569
750		557	Asmuth, Markus	01:15:30	1440		Norfbachkicker	1969	105	M45	01:15:08	568
751	W	194	Hottenbacher, Ruth	01:15:33	463		LG Füreinander Wupp	1954	4	W60	01:14:18	193
752		558	Smarzlik, Peter	01:15:45	1177			1978	63	M35	01:14:27	555
753		559	Nolting, Johnny	01:15:52	1079		Dormagen	1990	43	M	01:15:23	572
754	W	195	Langner, Sylwia	01:15:53	1175			1985	11	W30	01:14:35	196
755	W	196	Block, Diana	01:15:54	1176			1984	12	W30	01:14:34	195
756		560	Lössner, Ralph	01:16:03	1573		TuS 08 Lintorf	1972	106	M45	01:15:07	567
757	W	197	Lössner, Silke	01:16:03	1574		TuS 08 Lintorf	1971	39	W45	01:15:07	201
758		561	Hoydem, Andreas	01:16:04	980		Fuppes Garath	1970	107	M45	01:14:39	556
759		562	Schwabe, Michael	01:16:08	811		BCS	1969	108	M45	01:15:05	564
760	W	198	Koch, Tanja	01:16:09	291		Dormagen	1976	36	W40	01:15:05	200
761		563	Scharf, Erich	01:16:11	881		TV Frisch Auf Lennep	1951	21	M65	01:15:06	566
762		564	Steinbach, Dieter	01:16:15	301		Sonntagsläufer	1954	22	M60	01:15:04	562
763		565	Plück, Thomas	01:16:16	258		Sonntagsläufer	1974	67	M40	01:15:04	563
764		566	Grevelding, Andreas	01:16:16	109		Sonntagsläufer	1964	104	M50	01:15:05	565
765		567	Jerusel, Luke	01:16:18	4		Team Raphael	2001	9	MJ U18	01:14:52	559
766	W	199	Brandt, Josephine	01:16:19	2		Team Raphael	2000	6	WJ U18	01:14:53	198
767		568	Neumann, Stephan	01:16:19	1108			1981	64	M35	01:14:48	558
768		569	Ehrler, Christian	01:16:23	1450		LT Rösrath	1957	23	M60	01:15:38	577
769	W	200	Yildiz, Gürses	01:16:25	400		Neuss	1972	40	W45	01:14:46	197
770		570	Stübich, Frank	01:16:25	399		Neuss	1972	109	M45	01:14:46	557

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
771	W	201	Gentemann, Lea	01:16:28	943		Neuss	1986	13	W30	01:15:01	199
772		571	Houterman, Michael	01:16:40	818		BCS	1970	110	M45	01:15:35	575
773		572	Hornung, Erich	01:16:42	9		TSV Bayer Dormagen	1958	54	M55	01:14:56	561
774		573	Becker, Helmut	01:16:55	964		Dormagen	1966	105	M50	01:16:18	584
775		574	Walenczak, Sandro	01:16:58	1067		Dormagen	1993	44	M	01:16:03	582
776		575	Benning, Patrick	01:16:58	93			1988	45	M	01:15:15	570
777	W	202	Kasimirowicz, Nicole	01:17:08	402		RunDusCrew Fortuna	1970	41	W45	01:15:22	202
778		576	Kasimirowicz, Daniel	01:17:09	401		RunDusCrew Fortuna	1972	111	M45	01:15:22	571
779		577	Gabriel, Andreas	01:17:09	315		TUS Germania Hacke	1965	106	M50	01:15:42	578
780		578	Gabriel, David	01:17:09	654		Chemion Logistik Gm	1985	58	M30	01:15:44	579
781	W	203	Lehmann, Sarah	01:17:09	978		Bochum	1983	14	W30	01:15:34	203
782		579	Reuter, Armin	01:17:10	543		Kempener TV	1964	107	M50	01:15:50	580
783		580	Wessels, Oliver	01:17:11	94			1973	68	M40	01:15:27	574
784		581	Koelen, Sebastian	01:17:11	350		Kerken	1988	46	M	01:15:27	573
785		582	Schacks, Frank	01:17:17	106			1962	55	M55	01:15:37	576
786	W	204	Schacks, Claudia	01:17:17	105			1969	42	W45	01:15:38	204
787		583	Zbikowski, Florian	01:17:39	21		Dormagen	1981	65	M35	01:16:02	581
788	W	205	Üffing, Janette	01:17:46	876		TV Frisch Auf Lennep	1973	37	W40	01:16:11	205
789		584	Herbergs, Josef	01:17:48	751		Korschenbroich	1948	22	M65	01:17:04	593
790	W	206	Fausten, Michelle	01:17:50	923		Düsseldorf	1989	26	W	01:16:20	207
791		585	Czech, Daniel	01:17:51	1078		Sparkasse Neuss	1993	47	M	01:16:48	589
792		586	Isermann, Patrick	01:17:51	89			1994	48	M	01:16:08	583
793	W	207	Lobach, Julia	01:17:52	1014		Dormagen	1994	27	W	01:16:46	208
794	W	208	Norbisrath, Bärbel	01:18:02	403		RunDusCrew Fortuna	1961	11	W55	01:16:16	206
795	W	209	Bergner-Döring, Anja	01:18:10	1283		allways3 - Laufen in	1966	32	W50	01:17:31	218
796	W	210	Schumacher, Petra	01:18:10	250		Skiclub Remscheid	1964	33	W50	01:17:33	220
797		587	Kubath, Helmuth	01:18:22	875		TV Frisch Auf Lennep	1944	7	M70	01:16:49	590
798	W	211	Robben, Diana	01:18:33	822		BCS	1971	43	W45	01:17:02	213
799	W	212	Haack, Jessica	01:18:34	198		Remscheid	1986	15	W30	01:17:24	217
800		588	Anhalt, Jürgen	01:18:36	631		Feuerwehr Monheim	1967	108	M50	01:16:42	585
801		589	Meister, Ralf	01:18:36	632		Feuerwehr Monheim	1961	56	M55	01:16:42	586
802		590	Bergande, Michael	01:18:38	243		Dormagen	2002	5	MJ U16	01:16:47	588
803		591	Bergande, Johannes	01:18:38	165		WiSo-Warriors	1996	49	M	01:16:47	587
804		592	Kolken, Oliver	01:18:40	1082		www.lobscheid.de	1966	109	M50	01:16:51	591
805	W	213	Gröger, Beate	01:18:40	1084		www.lobscheid.de	1965	34	W50	01:16:51	210
806	W	214	Kolken, Annika	01:18:40	1083		www.lobscheid.de	1995	28	W	01:16:52	211
807	W	215	Rauch, Ina	01:18:41	1081		www.lobscheid.de	1976	38	W40	01:16:52	212
808		593	Trier, Martin	01:18:41	1080		www.lobscheid.de	1962	57	M55	01:16:51	592
809	W	216	Weißenegger, Martina	01:18:41	1085		www.lobscheid.de	1971	44	W45	01:16:51	209
810	W	217	Todero, Julia	01:18:41	1459			1985	16	W30	01:17:18	215
811	W	218	Petifourt, Claire	01:18:43	1461			1986	17	W30	01:17:20	216
812	W	219	Walter-Lipow, Ulrike	01:18:45	607		BDÜ NRW	1969	45	W45	01:17:03	214
813	W	220	Hoth, Diana	01:18:52	1627		Slos Wuppertal	1981	29	W35	01:17:32	219
814	W	221	Skiba, Leonie	01:18:59	889		LT Friedrichsberg	1984	18	W30	01:17:52	223
815		594	Grabowski, Bert	01:18:59	612		LT Friedrichsberg	1960	58	M55	01:17:52	596
816		595	Wirz, Stephan	01:18:59	890		LT Friedrichsberg	1984	59	M30	01:17:53	597
817	W	222	Friedrich, Marion	01:19:03	793		Team Rosa Socke	1967	35	W50	01:17:35	221
818	W	223	Prüss, Helga	01:19:03	795		Team Rosa Socke	1963	36	W50	01:17:35	222
819		596	Beivers, Patrick	01:19:06	1301		Dormagen	1985	60	M30	01:18:54	606
820	W	224	Bauer, Stefanie	01:19:14	53		Düsseldorf	1980	30	W35	01:18:41	231
821		597	Rademacher, Dominik	01:19:16	110		Xanten	1983	61	M30	01:18:13	601
822	W	225	Bader, Claudia	01:19:26	865		Mönchengladbach	1967	37	W50	01:18:38	229
823	W	226	Perlick, Ute	01:19:26	563		Laufftreff Wickrath	1971	46	W45	01:18:38	228
824		598	Mlody, Hans-Georg	01:19:29	194		Eiserne Lunge Randk	1963	110	M50	01:17:55	598
825		599	Lang, Günter	01:19:29	552		Eisele Lunge Randkan	1970	112	M45	01:17:55	599

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
826		600	Leinwand, Jochen	01:19:30	334		Mönchengladbach	1969	113	M45	01:17:56	600
827		601	Kuschmierz, Andreas	01:19:39	1580		Fortunabrötchen	1969	114	M45	01:17:52	595
828		602	Enders, Christian	01:19:39	515		Fortunabrötchen	1967	111	M50	01:17:52	594
829	W	227	Weidmann, Edith	01:19:39	1058		Köln	1960	12	W55	01:18:17	224
830		603	Stochay, Hans-Peter	01:19:39	1062		Köln	1958	59	M55	01:18:16	602
831	W	228	Preuss, Rosemarie	01:19:47	1148		SV 1930 Rosellen	1943	1	W70	01:18:36	227
832	W	229	Wingenbach, Andrea	01:19:55	251		Allways3	1964	38	W50	01:19:18	242
833	W	230	Lippa, Marita	01:19:58	884		TV Frisch Auf Lennep	1966	39	W50	01:18:23	225
834		604	Krycki, Erwin	01:20:07	351		WSG Wiehl	1950	23	M65	01:19:02	607
835	W	231	Kratz, Maria	01:20:11	1548			1960	13	W55	01:18:27	226
836		605	Bachem, Georg	01:20:11	1549			1960	60	M55	01:18:27	605
837		606	Schmidt, Carsten	01:20:13	634		Feuerwehr Monheim	1971	115	M45	01:18:20	603
838		607	Peters, Sergej	01:20:14	64			1984	62	M30	01:18:24	604
839		608	Henning, Fritz	01:20:14	241		Köln	1976	69	M40	01:19:25	611
840	W	232	Srebny, Claudia	01:20:16	738		Essen	1973	39	W40	01:18:43	233
841	W	233	Brauer, Sabine	01:20:16	518		Essen	1968	47	W45	01:18:42	232
842	W	235	Bisanz, Judith	01:20:16	727		Essen	1973	41	W40	01:18:43	234
843	W	234	Wamser, Eva	01:20:16	122		Walldorf	1977	40	W40	01:18:39	230
844	W	236	Müller, Marianne	01:20:17	289		LTV Remscheid	1951	1	W65	01:19:48	252
845	W	237	Leers, Claudia	01:20:18	381		TV Frisch Auf Lennep	1960	14	W55	01:19:14	240
846	W	238	Zuleger, Nicole	01:20:18	877		TV Frisch Auf Lennep	1968	48	W45	01:19:15	241
847	W	239	Bahners, Judith	01:20:19	963		Team Schweinheim	1966	40	W50	01:18:47	236
848	W	240	Karber, Anke	01:20:24	101		Hannover	1980	31	W35	01:18:46	235
849	W	241	Goldbach, Kerstin	01:20:44	764		Wermelskirchen	1967	41	W50	01:19:07	237
850	W	242	Friebel, Jenny	01:20:45	693		Düsseldorf	1986	19	W30	01:19:24	244
851		609	Kirchhofer, Fabian	01:20:45	313		Mönchengladbach	1983	63	M30	01:19:25	610
852	W	243	Miggelbrink, Monika	01:20:50	982		Hennef	1961	15	W55	01:19:42	248
853		610	Schmidt, Mirko	01:20:50	477			1970	116	M45	01:20:25	616
854		611	Bartoszynski, Robert	01:20:52	171		Düsseldorf	1988	50	M	01:19:09	608
855	W	244	Lang, Vanessa	01:20:52	90			1990	29	W	01:19:10	239
856	W	245	Schofenberg, Sonja	01:20:54	531		Wegberg	1976	42	W40	01:19:10	238
857	W	246	Edeling, Marion	01:20:56	346		Köln	1968	49	W45	01:19:18	243
858	W	247	Janke, Kirsten	01:21:05	882		TV Frisch Auf Lennep	1962	16	W55	01:19:28	245
859	W	248	Nölting, Julia	01:21:08	161		Lauffreunde Unterbac	1968	50	W45	01:19:47	251
860		612	Kunze, Olli	01:21:08	160		Lauffreunde Unterbac	1966	112	M50	01:19:47	612
861		613	Braunsberger, Jürgen	01:21:09	1448		TG Stürzelberg	1957	24	M60	01:19:23	609
862	W	249	Dinslaken-Sobkowiak, An	01:21:11	427		Wellenläufer	1976	43	W40	01:20:01	255
863		614	Langner, Robert	01:21:11	425		Wellenläufer	1979	66	M35	01:20:02	614
864	W	250	Buchholz, Nadine	01:21:11	426		Wellenläufer	1979	32	W35	01:20:02	256
865	W	251	Sturm, Franziska	01:21:16	1044		Köln	1996	30	W	01:19:38	246
866	W	252	Speth, Miriam	01:21:16	1045		Köln	1995	31	W	01:19:39	247
867	W	253	Havemann, Birgit	01:21:18	564		Tram Erdinger Alkoho	1971	51	W45	01:19:56	254
868	W	254	Frey, Tamara	01:21:20	3		Team Raphael	2003	4	WJ U16	01:19:54	253
869		615	Terlinden, Michael	01:21:23	112		Dormagen	1983	64	M30	01:20:20	615
870	W	255	Andermahr, Sandra	01:21:28	530		Wegberg	1974	44	W40	01:19:42	249
871	W	256	Hillringhaus, Kerstin	01:21:28	73		Early Birds	1981	33	W35	01:20:31	258
872	W	257	Clemens, Sandra	01:21:29	71		Early Birds	1980	34	W35	01:20:31	259
873	W	258	Eller, Sonja	01:21:29	869		Dormagen	1975	45	W40	01:19:44	250
874		616	Roeloffs, Björn	01:21:49	137		TTVg. WRW Kleve	1984	65	M30	01:19:57	613
875	W	259	Fanslau, Marlene	01:21:55	376		Dormagen	1984	20	W30	01:20:26	257
876		617	Dambrosio, Pasquale	01:22:07	1445		Dragon Figting Gyne	1984	66	M30	01:21:03	617
877	W	260	Neumann, Tanja	01:22:13	1343		Pulheim	1969	52	W45	01:21:04	260
878		618	Krücken, Nils	01:22:33	910		Dormagen	1996	51	M	01:22:02	619
879		619	Krechel, Florian	01:22:33	1135		Dormagen	1996	52	M	01:22:03	620
880	W	261	Giertz, Angela	01:22:50	1571		Marathon Club Eschw	1988	32	W	01:21:16	262

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881	W	262	Giertz, Gabriele	01:22:50	1570		Schwimmverein Horr	1959	17	W55	01:21:16	261
882	W	263	Behrensmeyer, Andrea	01:22:52	613		Angerland Lauftreff Li	1966	42	W50	01:21:52	268
883	W	264	Hilgers, Martina	01:22:53	1362		FC Straberg	1976	46	W40	01:21:53	270
884	W	265	Dietle-Marx, Christel	01:22:53	566		Angerland Lauftreff Li	1966	43	W50	01:21:52	269
885	W	266	Singhof, Nadine	01:22:54	1460			1987	21	W30	01:21:32	263
886	W	267	Doerenkamp, Katharina	01:22:59	309			1993	33	W	01:21:56	271
887	W	268	Hilden, Miriam	01:23:08	523		Team Family	1995	34	W	01:21:44	266
888	W	269	Schwitalla, Dominique	01:23:08	1145		Dormagen	1996	35	W	01:21:45	267
889	W	270	Lask, Sylvia	01:23:17	262		Mettmann	1991	36	W	01:21:37	264
890		620	Schumacher, Andreas	01:23:18	785		Dormagen	1970	117	M45	01:22:06	621
891	W	271	Nellen, Inga	01:23:25	604		BDÜ NRW	1967	44	W50	01:21:43	265
892		621	Caputo, Guiseppe	01:23:48	1449			1965	113	M50	01:23:18	623
893		622	Vagener, Marcel	01:23:49	1610			1993	53	M	01:21:58	618
894	W	272	Korpel, Sarah	01:23:49	1609			1992	37	W	01:21:58	272
895	W	273	Lehner, Pia	01:23:50	20		Dormagen	1975	47	W40	01:22:15	273
896	W	274	Chalupka, Agnes	01:23:55	887		Dormagen	1982	35	W35	01:22:36	274
897		623	Koch, Gerhard	01:23:58	595		Turngemeinde Stürze	1942	1	M75	01:22:19	622
898	W	275	Lentz, Michaela	01:24:48	948		Laufen statt Saufen	1972	53	W45	01:24:03	275
899		624	Persé, Jürgen	01:25:31	548		RTC Frechen 80	1956	25	M60	01:23:59	624
900	W	276	Weber, Claudia	01:25:41	233		TSV Nieukerk	1971	54	W45	01:24:42	277
901		625	Weber, Rainer	01:25:41	232		TSV Nieukerk	1966	114	M50	01:24:42	627
902		626	König, Frank	01:25:46	471		Die Rennschnecken	1978	67	M35	01:24:38	626
903	W	277	Clemens, Sabrina	01:25:46	472		Die Rennschnecken	1983	22	W30	01:24:37	276
904		627	Egerland, Wilfried	01:25:54	997		Röntgenknacker	1942	2	M75	01:24:18	625
905		628	Kosack, Reimar	01:27:29	492		Ortsverband Bündnis	1976	70	M40	01:26:40	628
906	W	278	Maschitzki, Claudia	01:32:57	724		Düsseldorf	1971	55	W45	01:31:19	278
907	W	279	Hunger, Claudia	01:33:05	596		Turngemeinde Stürze	1962	18	W55	01:31:24	279
908	W	280	Gabriel, Andrea	01:36:02	314		TUS Germania	1967	45	W50	01:34:34	281
909	W	281	Winter, Sandra	01:36:06	702		Düsseldorf	1979	36	W35	01:34:32	280
910	W	282	Hecker, Maria	01:36:16	370		Köln	1990	38	W	01:34:49	282
911		629	Demond, Detlef	01:38:25	757		LT Dünwalder TV	1965	115	M50	01:36:42	629
912		630	Nijmeijer, Marten	01:38:32	1025		LT Dünwalder TV	1958	61	M55	01:36:48	630
913		631	Stremmel, Fritz	01:38:32	1027		LT Dünwalder TV	1935	1	M80	01:36:49	631