

Platz	M/W	Brutto	Name	Vorname	Verein	GebJahr	PAK	AK	ZNetto	Strecke
1	M	00:17:51	Weber	Eiken	Mach3 Köln	1980	1	M35	00:17:51	5 km
2	M	00:17:58	Herrera	Felix	Bunert - Der Kölner Laufladen	1989	1	M30	00:17:58	5 km
3	M	00:18:24	Ottersbach	Jan	Bunert Hilden/ Triforce Vital Remscheid	1992	1	M	00:18:24	5 km
4	M	00:18:32	Brockmeier	David	Norbert-Gymnasium Knechtsteden	1987	2	M30	00:18:32	5 km
5	M	00:18:38	Welticke	Jonas		1995	2	M	00:18:37	5 km
6	M	00:18:39	Mitos	Christof		1976	1	M40	00:18:38	5 km
7	M	00:18:51	Kaiser	Thomas	Sebamed Running Team	1989	3	M30	00:18:51	5 km
8	M	00:18:54	Mertes	Paul	NGK	2002	1	MJ U18	00:18:51	5 km
9	M	00:19:00	Sager	Jonathan	Norbert-Gymnasium Knechtsteden	2002	2	MJ U18	00:18:54	5 km
10	M	00:19:01	Hessels	Luca	AS Neukirchen-Vluyn	2002	3	MJ U18	00:19:00	5 km
1	W	00:19:04	Spill	Tanja	TSV Bayer Dormagen	1995	1	W	00:19:04	5 km
11	M	00:19:07	Seliger	Paul	NGK	2002	4	MJ U18	00:19:03	5 km
12	M	00:19:13	Schneider	Marco	Rhein-Berg Runners	1978	2	M40	00:19:12	5 km
13	M	00:19:13	Kämper	Andreas	Mettmann-Sport	1968	1	M50	00:19:10	5 km
2	W	00:19:22	Maak	Petra	TSV Bayer Dormagen	1964	1	W55	00:19:22	5 km
14	M	00:19:39	Krüger	Dirk	Triathlon Team Düsseldorf	1974	1	M45	00:19:36	5 km
15	M	00:19:48	Stadler	Kevin	BvS-Gesamtschule Dormagen 10E	2004	1	MJ U16	00:19:42	5 km
16	M	00:19:49	Schmitz	Fabian		1982	2	M35	00:19:46	5 km
17	M	00:19:57	Schneider	Christian		1993	3	M	00:19:54	5 km
18	M	00:20:00	Mörsdorf	Luca	Erste Kölner Fussballschule	2006	1	MJ U14	00:19:56	5 km
19	M	00:20:05	Lachnit	Udo	Team Olchi	1966	2	M50	00:20:02	5 km
20	M	00:20:16	Lachnit	Ole	Team Olchi	2009	1	MK U12	00:20:14	5 km
21	M	00:20:17	Bramseemann	Urs		1973	2	M45	00:20:14	5 km
22	M	00:20:22	Hünseler	Holger	Team Erdinger Alkoholfrei	1971	3	M45	00:20:19	5 km
23	M	00:20:32	Groß	Guido	Neusser Ruderverein	1969	3	M50	00:20:32	5 km
24	M	00:20:41	Bonin	Uwe	TG Neuss	1957	1	M60	00:20:39	5 km
25	M	00:20:46	Lips	Jerome	Bertha-von-Suttner Gesamtschule	2001	1	MJ U20	00:20:39	5 km
26	M	00:20:47	Niemann	Jannik	SV Rosellen	1996	4	M	00:20:44	5 km
3	W	00:20:47	Neck	Franziska	NGK	2003	1	WJ U18	00:20:46	5 km
27	M	00:21:01	Le	Tin	Mönchengladbacher LG	1990	5	M	00:20:59	5 km
28	M	00:21:02	Oesterwind	Tim	FC Straberg	1999	6	M	00:20:58	5 km
29	M	00:21:04	Prigge	Marten	Norbert-Gymnasium Knechtsteden	2003	5	MJ U18	00:21:00	5 km

30	M	00:21:06	Lachnit	Bo	Team Olchi	2007	2	MJ U14	00:21:05	5 km
31	M	00:21:07	Hemb	Thorsten	NGK	2003	6	MJ U18	00:21:04	5 km
32	M	00:21:14	Kleinschnittger	Christoph	Norbert-Gymnasium Knechtsteden	2003	7	MJ U18	00:21:06	5 km
33	M	00:21:17	Volkmer	Andreas		1963	1	M55	00:21:16	5 km
34	M	00:21:22	Krins	Nikolas	BvS	2000	2	MJ U20	00:21:17	5 km
35	M	00:21:32	Plünnecke	Oscar	FC Zons	2001	3	MJ U20	00:21:26	5 km
36	M	00:21:39	Güsgen	Daniel	Norbert-Gymnasium Knechtsteden	2007	3	MJ U14	00:21:37	5 km
37	M	00:21:39	Alban	Michael	BSG Sparkasse Neuss	1962	2	M55	00:21:37	5 km
38	M	00:21:39	Loske	Tim	BvS-Gesamtschule Dormagen 6e	2008	2	MK U12	00:21:36	5 km
39	M	00:21:44	Runge	Gian-Luca		2008	3	MK U12	00:21:20	5 km
40	M	00:21:52	Pastor	Simon	TSV Bayer Leverkusen	2006	4	MJ U14	00:21:51	5 km
41	M	00:21:53	Schröder	Niels	BvS-Gesamtschule Dormagen 6e	2008	4	MK U12	00:21:49	5 km
42	M	00:21:55	Leven	Eric	BvS-Gesamtschule Dormagen 7E	2007	5	MJ U14	00:21:46	5 km
43	M	00:22:00	Daams	Jacob	Norbert-Gymnasium Knechtsteden	2006	6	MJ U14	00:21:54	5 km
44	M	00:22:02	Nöthen	Michael	Norbert-Gymnasium Knechtsteden	2004	2	MJ U16	00:21:55	5 km
45	M	00:22:04	Matheus	Kai	SV Rosellen	2008	5	MK U12	00:21:52	5 km
46	M	00:22:07	Seifert	Joon	Dormagen	2005	3	MJ U16	00:22:00	5 km
47	M	00:22:09	Haack	Mika Julian	FC Zons	2006	7	MJ U14	00:22:06	5 km
48	M	00:22:21	Bosch	Alexander	Bertha-von-Suttner Gesamtschule	1982	3	M35	00:21:44	5 km
49	M	00:22:21	Grobarek	Felix	BvS	2005	4	MJ U16	00:22:20	5 km
50	M	00:22:22	Pick	Frederik	Norbert-Gymnasium Knechtsteden	2004	5	MJ U16	00:22:22	5 km
51	M	00:22:25	Winter	Malte	BvS	2006	8	MJ U14	00:22:22	5 km
52	M	00:22:28	Heininger	Noah	Norbert-Gymnasium Knechtsteden	2003	8	MJ U18	00:22:23	5 km
53	M	00:22:29	Schill	Jakob	Rheinwacht Stürzelberg	2006	9	MJ U14	00:22:25	5 km
54	M	00:22:31	Mallmann	Yannik	BvS	2006	10	MJ U14	00:22:28	5 km
55	M	00:22:32	Becker	Brian	BvS Dormagen	2001	4	MJ U20	00:22:26	5 km
56	M	00:22:35	Dinse	Robin	BvS-Gesamtschule Dormagen 7E	2007	11	MJ U14	00:22:26	5 km
57	M	00:22:39	Schuchmann	Erwin	IAC Düren	1960	3	M55	00:22:36	5 km
58	M	00:22:44	Schaffrath	Ben	Bin mit Kalle G-Star Lager	2006	12	MJ U14	00:22:39	5 km
59	M	00:22:44	Liedl	Tim	BvS-Dormagen 5e	2008	6	MK U12	00:22:19	5 km
4	W	00:22:52	Hamacher	Charlotta	Norbert-Gymnasium Knechtsteden	2006	1	WJ U14	00:22:51	5 km
60	M	00:22:53	Kiesel	Ralf		1959	2	M60	00:22:45	5 km
61	M	00:22:57	Lienemann	Johannes	WSC Dormagen	1976	3	M40	00:22:52	5 km

62	M	00:23:02	Braun	Andreas	SG Zons	1963	4	M55	00:23:01	5 km
63	M	00:23:04	Herzhoff	Leo	NGK	2002	9	MJ U18	00:22:57	5 km
64	M	00:23:06	Frenz	Luis	Bvs 9e	2005	6	MJ U16	00:22:27	5 km
65	M	00:23:06	Jung	Christian	FC Straberg	1965	4	M50	00:23:04	5 km
66	M	00:23:09	Daschke	Maurice	BvS-Gesamtschule Dormagen 7E	2005	7	MJ U16	00:22:59	5 km
5	W	00:23:10	Römmmer	Sophie	BvS-Gesamtschule Dormagen 7E	2004	1	WJ U16	00:23:02	5 km
6	W	00:23:13	Majer	Laetizia	WeSeeHope	2009	1	WK U12	00:23:12	5 km
7	W	00:23:13	Fux	Barbara	SSV Neuss-Reuschenberg 1956	1973	1	W45	00:22:57	5 km
67	M	00:23:18	Kather	Aaron	Roki Joggis	2005	8	MJ U16	00:23:18	5 km
68	M	00:23:18	Pastor	Claus		1972	4	M45	00:23:15	5 km
69	M	00:23:20	Hluchnik	Jakob	Norbert-Gymnasium Knechtsteden	2003	10	MJ U18	00:22:51	5 km
70	M	00:23:21	Reisdorf	Fabian		1996	7	M	00:22:25	5 km
71	M	00:23:21	Kecur	Noah	NGK	2003	11	MJ U18	00:22:58	5 km
72	M	00:23:26	Gehrke	Carsten		1985	4	M30	00:23:19	5 km
73	M	00:23:29	Hastenrath	Xaver	Norbert-Gymnasium Knechtsteden	2003	12	MJ U18	00:23:07	5 km
8	W	00:23:34	Majer	Maxima	WeSeeHope	2006	2	WJ U14	00:23:33	5 km
74	M	00:23:37	Schlattmann	Luke	Roki Joggis	2005	9	MJ U16	00:23:37	5 km
75	M	00:23:39	Chemnitzer	Ben	SG Zons	2008	7	MK U12	00:23:37	5 km
76	M	00:23:39	Nothers	Tim		1996	8	M	00:22:43	5 km
77	M	00:23:40	Nowakowski	Dennis	BvS	2005	10	MJ U16	00:23:38	5 km
78	M	00:23:43	Koenzen	Christopher	Bertha-von-Suttner Gesamtschule	2001	5	MJ U20	00:23:15	5 km
79	M	00:23:43	Hinrichs	Felix	Bvs 9e	2005	11	MJ U16	00:23:04	5 km
80	M	00:23:45	Behrendt-Green	Lars	Rhein-Kreis Neuss	1977	4	M40	00:23:14	5 km
81	M	00:23:45	Zasada	Fabian	FC Zons	2007	13	MJ U14	00:23:43	5 km
82	M	00:23:45	Geuenich	Aaron	BvS-Gesamtschule Dormagen 6e	2008	8	MK U12	00:23:41	5 km
83	M	00:23:47	Mathé	Sebastian		1980	4	M35	00:23:38	5 km
84	M	00:23:53	Krächan	Max	Bertha-von-Suttner Gesamtschule	2001	6	MJ U20	00:23:25	5 km
85	M	00:23:54	Hutz	Felix	SG Zons	2008	9	MK U12	00:23:52	5 km
86	M	00:23:56	Langer	Dennis	MCB Deutschland	1988	5	M30	00:23:16	5 km
9	W	00:23:58	Binsfeld	Lydia	LLG 80 Nordpark Köln	1972	2	W45	00:23:54	5 km
87	M	00:23:59	Zenker	Sven	Norbert-Gymnasium Knechtsteden	2001	7	MJ U20	00:23:08	5 km
10	W	00:24:06	Hohn	Imke	BvS-Gesamtschule Dormagen 6e	2008	2	WK U12	00:23:55	5 km
11	W	00:24:08	Majer	Tiara	WeSeeHope	2007	3	WJ U14	00:24:07	5 km

88	M	00:24:09	Sturm	Thomas	TG Neuss	1965	5	M50	00:24:08	5 km
89	M	00:24:12	von Zons	Jan-Luca	BvS	2006	14	MJ U14	00:24:07	5 km
90	M	00:24:13	Bußmann	Thomas	Köln	1967	6	M50	00:24:02	5 km
91	M	00:24:18	Liedl	Paul	BvS-Gesamtschule Dormagen 7E	2007	15	MJ U14	00:24:08	5 km
92	M	00:24:18	Drillen	Lars	BvS	2005	12	MJ U16	00:24:14	5 km
12	W	00:24:18	Bloser	Hannah	Norbert-Gymnasium Knechtsteden	2006	4	WJ U14	00:24:17	5 km
93	M	00:24:20	Gabor	Marc	BvS	2005	13	MJ U16	00:24:15	5 km
94	M	00:24:24	Al Khouli	Abdullah	REWE Bernd Uderhardt	1985	6	M30	00:24:12	5 km
95	M	00:24:25	Henseler	Tim	NGK	2002	13	MJ U18	00:24:04	5 km
96	M	00:24:28	Nowak	Dustin	BvS-Gesamtschule Dormagen 7E	2003	14	MJ U18	00:23:57	5 km
97	M	00:24:29	Maas	Christian		1999	9	M	00:24:17	5 km
98	M	00:24:29	Denis	Dorskiy	Norbert-Gymnasium Knechtsteden	2003	15	MJ U18	00:24:29	5 km
99	M	00:24:29	Kraus	Daniel	Norbert-Gymnasium Knechtsteden	1992	10	M	00:24:00	5 km
100	M	00:24:29	Gerhard	Rolf	TECTRION	1979	5	M40	00:24:09	5 km
101	M	00:24:29	Heine	Pascal	SSV Neuss-Reuschenberg 1956	2005	14	MJ U16	00:24:11	5 km
13	W	00:24:29	Gerads	Alina	NGK	2005	2	WJ U16	00:24:25	5 km
102	M	00:24:32	Eyl	Ansgar		1969	7	M50	00:24:25	5 km
103	M	00:24:33	Brakelsberg	Timo		2004	15	MJ U16	00:24:24	5 km
104	M	00:24:36	Davertzhofen	Daniel		1997	11	M	00:24:28	5 km
105	M	00:24:36	Ploenes	Linus	Norbert-Gymnasium-Knechtsteden	2002	16	MJ U18	00:24:14	5 km
106	M	00:24:36	Lemm	Sebastian	Norbert-Gymnasium Knechtsteden	2002	17	MJ U18	00:24:13	5 km
14	W	00:24:37	Hein	Andrea	LLG 80 Nordpark Köln	1976	1	W40	00:24:33	5 km
107	M	00:24:38	Höfer	Thomas	BvS-Gesamtschule Dormagen 10E	2004	16	MJ U16	00:24:32	5 km
108	M	00:24:38	van Straelen	Berno	BvS-Gesamtschule Dormagen 10E	2004	17	MJ U16	00:24:32	5 km
15	W	00:24:38	Allgaier	Joy	NGK	2003	2	WJ U18	00:24:34	5 km
16	W	00:24:38	Opdenhövel	Marion	FC Straberg	1960	2	W55	00:24:36	5 km
17	W	00:24:39	Kaminski	Laura	BvS-Gesamtschule Dormagen 7E	2006	5	WJ U14	00:24:30	5 km
109	M	00:24:42	Skopnik	Nico		2009	10	MK U12	00:24:34	5 km
110	M	00:24:42	Skopnik	Manuel	Laufmonster	1972	5	M45	00:24:34	5 km
111	M	00:24:43	Kölln	Maximilian	Bvs 9e	2004	18	MJ U16	00:24:04	5 km
112	M	00:24:45	Meyer	Samuel	Saufen und Laufen	1987	7	M30	00:24:29	5 km
18	W	00:24:49	Scholz	Friederike	SFD 75 Düsseldorf	2005	3	WJ U16	00:24:45	5 km
19	W	00:24:49	Haupt	Emma Marlene	TSV Bayer Dormagen	2006	6	WJ U14	00:24:49	5 km

113	M	00:24:50	Hasani	Luan	Bertha-von-Suttner Gesamtschule	2002	18	MJ U18	00:24:22	5 km
114	M	00:24:51	Hayen	Marius		1992	12	M	00:24:12	5 km
20	W	00:24:51	Voigt	Charlotte	Zons	2008	3	WK U12	00:24:26	5 km
115	M	00:24:52	Voigt	Maximilian	Zons	2009	11	MK U12	00:24:27	5 km
21	W	00:24:53	Merlidis	Anastasia	BvS	2006	7	WJ U14	00:24:48	5 km
22	W	00:24:56	Dikmann	Kristina	BvS	1986	1	W30	00:24:26	5 km
116	M	00:24:59	Rudolph	Linus	LAV Bayer Uerdingen/ Dormagen	2004	19	MJ U16	00:24:46	5 km
117	M	00:24:59	Keil	Tobias	Schützengildezug Löwenstolz	1997	13	M	00:24:56	5 km
118	M	00:24:59	Brylka	Marcel	Bertha-von-Suttner Gesamtschule	2003	19	MJ U18	00:24:23	5 km
119	M	00:24:59	Pick	Janis	BvS-Gesamtschule Dormagen 7E	2007	16	MJ U14	00:24:31	5 km
120	M	00:25:02	De Jong	Marco		1976	6	M40	00:24:50	5 km
121	M	00:25:02	Grunwaldt	Domenic	TSV Bayer Dormagen Handball	2004	20	MJ U16	00:24:56	5 km
23	W	00:25:04	Scholz	Pau	SFD 75 Düsseldorf	2006	8	WJ U14	00:24:59	5 km
122	M	00:25:05	Schroeder-Hirzmann	Benjamin	BvS-Gesamtschule Dormagen 10E	1975	7	M40	00:24:36	5 km
123	M	00:25:05	Weber	Leonard	WSC Dormagen	2008	12	MK U12	00:24:56	5 km
124	M	00:25:07	Gremer	Jan	WSC Dormagen	2007	17	MJ U14	00:25:02	5 km
125	M	00:25:09	Thelen	Bastian	Bertha-von-Suttner Gesamtschule	2002	20	MJ U18	00:24:41	5 km
126	M	00:25:10	Jakob	Bastian	TSV Norf	1987	8	M30	00:24:39	5 km
127	M	00:25:10	Danek	Dennis	TSV Norf	1989	9	M30	00:24:40	5 km
128	M	00:25:13	Strecha	Lutz		1977	8	M40	00:24:45	5 km
24	W	00:25:13	Kaminski	Mandy		2009	4	WK U12	00:25:04	5 km
129	M	00:25:15	Jordan	Ricardo	Venezuela	2000	8	MJ U20	00:24:51	5 km
25	W	00:25:15	Boelsen	Rieke	Rheinfeld	2001	1	WJ U20	00:24:52	5 km
130	M	00:25:16	Kröckert	Mario	BvS-Gesamtschule Dormagen 7E	1978	9	M40	00:25:10	5 km
131	M	00:25:16	Sich	Rouven	Bvs 9e	2005	21	MJ U16	00:24:59	5 km
26	W	00:25:16	Kröckert	Veda		2009	5	WK U12	00:25:09	5 km
132	M	00:25:21	Altmeyer	Malte	BvS-Gesamtschule Dormagen 6e	2007	18	MJ U14	00:25:08	5 km
133	M	00:25:22	Deutzmann	Merlin		2001	9	MJ U20	00:25:12	5 km
134	M	00:25:26	Szuka	Yannik		2008	13	MK U12	00:25:08	5 km
135	M	00:25:32	Heinen	Alexander	Stürzelberg	2001	10	MJ U20	00:25:20	5 km
136	M	00:25:39	Angres	Yannick	Alles and Liebe	2008	14	MK U12	00:25:14	5 km
137	M	00:25:40	Schmidt	Moritz	Delhoven	2009	15	MK U12	00:25:38	5 km
138	M	00:25:42	Achmann	Luis	Norbert-Gymnasium Knechtsteden	2003	21	MJ U18	00:25:42	5 km

139	M	00:25:42	Vogel	Jörg		1969	8	M50	00:25:39	5 km
140	M	00:25:44	Reupke	Phillip	SG Zons	2008	16	MK U12	00:25:42	5 km
141	M	00:25:45	Tanha	Tom	WSC Dormagen	2006	19	MJ U14	00:25:41	5 km
142	M	00:25:46	Kollosche	Konrad	WSC Dormagen	2009	17	MK U12	00:25:42	5 km
143	M	00:25:46	Römmen	Constantin	BvS-Gesamtschule Dormagen 7E	2007	20	MJ U14	00:25:37	5 km
144	M	00:25:47	Hampel	Dirk		1967	9	M50	00:25:38	5 km
145	M	00:25:48	Schwellinger	Nico		1999	14	M	00:25:42	5 km
146	M	00:25:49	Scheibe	Jason	BvS-Gesamtschule Dormagen 6e	2008	18	MK U12	00:25:14	5 km
147	M	00:25:50	Grobaick	Nic Lenny	BvS	2008	19	MK U12	00:25:14	5 km
148	M	00:25:51	Richter	Justin	Team Raphael	2004	22	MJ U16	00:25:28	5 km
149	M	00:25:54	Klokow	André	Norbert-Gymnasium Knechtsteden	2003	22	MJ U18	00:25:21	5 km
150	M	00:25:55	Stotting	Ralf	Bergische Jongs	1969	10	M50	00:25:44	5 km
151	M	00:25:55	Heise	Markus		1979	10	M40	00:25:44	5 km
152	M	00:25:56	Linnenbrink	Phillip		2009	20	MK U12	00:25:30	5 km
27	W	00:25:57	Kaminski	Anna	Team Norbertgymnasium Knechtsteden	2004	4	WJ U16	00:25:49	5 km
153	M	00:25:59	Palko	Jean-Pierre	Norbert-Gymnasium Knechtsteden	2002	23	MJ U18	00:25:33	5 km
154	M	00:26:02	Laschet	Vincent	NGK	2003	24	MJ U18	00:25:35	5 km
155	M	00:26:03	Pust-Beaupoil	Frank	3XERCISE	1961	5	M55	00:25:44	5 km
156	M	00:26:13	Spennrath	Fabian	Norbert-Gymnasium Knechtsteden	2004	23	MJ U16	00:26:12	5 km
157	M	00:26:14	Urbach	Tobias	SSV Neuss-Reuschenberg 1956	1991	15	M	00:25:58	5 km
158	M	00:26:14	Hohn	Bernd	Knickfööss Köln	1970	6	M45	00:26:01	5 km
159	M	00:26:15	Kampe	Hendrik	Höppie Familich	2003	25	MJ U18	00:25:35	5 km
28	W	00:26:15	Daams	Tabea	Norbert-Gymnasium Knechtsteden	2003	3	WJ U18	00:25:55	5 km
160	M	00:26:17	Römmen	Andreas	BvS-Gesamtschule Dormagen 7E	1968	11	M50	00:25:51	5 km
161	M	00:26:21	Heller	Paul		2008	21	MK U12	00:26:10	5 km
29	W	00:26:23	Kraus	Maline	Norbert-Gymnasium Knechtsteden	2003	4	WJ U18	00:26:02	5 km
162	M	00:26:24	Chodorowski	Alexander	BvS	2005	24	MJ U16	00:26:23	5 km
163	M	00:26:30	Öztürk	Emir	Bertha-von-Suttner Gesamtschule	2002	26	MJ U18	00:26:02	5 km
164	M	00:26:34	Geppert	Mathis	Bvs 9e	2005	25	MJ U16	00:25:56	5 km
165	M	00:26:36	Wintermeier	Fynn	BvS-Gesamtschule Dormagen 6e	2008	22	MK U12	00:26:21	5 km
30	W	00:26:41	Brünger	Nike	Norbert-Gymnasium Knechtsteden	2006	9	WJ U14	00:26:18	5 km
166	M	00:26:42	Paklinski	Lukas	TECTRION	1998	16	M	00:26:23	5 km
167	M	00:26:44	Podschuk	Benjamin	BvS-Gesamtschule Dormagen 6e	2008	23	MK U12	00:26:30	5 km

31	W	00:26:44	Nickel	Alina		1991	2	W	00:26:24	5 km
168	M	00:26:45	Schauf	Christoph	INEOS Köln	1990	17	M	00:26:03	5 km
169	M	00:26:50	Packroff	Jan	SG Zons	2009	24	MK U12	00:26:42	5 km
32	W	00:26:50	Gottfried	Lea	BvS-Gesamtschule Dormagen 7E	2005	5	WJ U16	00:26:41	5 km
33	W	00:26:50	Lenze	Elisa	Norbert-Gymnasium Knechtsteden	2003	5	WJ U18	00:26:46	5 km
170	M	00:26:51	Böcker	Bente	NGK	2001	11	MJ U20	00:26:25	5 km
34	W	00:26:54	Forsthoff	Lina	Bertha-von-Suttner Gesamtschule	2002	6	WJ U18	00:26:20	5 km
35	W	00:26:54	Siepen	Anna-Lena	BvS-Gesamtschule Dormagen 10E	2003	7	WJ U18	00:26:47	5 km
171	M	00:26:56	Hölscher	Carsten		1971	7	M45	00:26:29	5 km
172	M	00:27:00	Putsch	Hendrik		1980	5	M35	00:26:44	5 km
36	W	00:27:00	Ropers	Stefanie		1979	2	W40	00:26:44	5 km
173	M	00:27:01	Schmittwilken	Luis	Bvs 9e	2003	27	MJ U18	00:26:21	5 km
174	M	00:27:01	Hilgers	Magnus	LG St. Peter	2007	21	MJ U14	00:26:57	5 km
175	M	00:27:03	Kirschbaum	Peter	Die Mischung	1968	12	M50	00:26:58	5 km
37	W	00:27:03	Matthies	Leoni	BvS	2004	6	WJ U16	00:26:58	5 km
176	M	00:27:04	Weber	Ben		2009	25	MK U12	00:26:39	5 km
38	W	00:27:04	Ocak	Selena	BvS	2006	10	WJ U14	00:26:33	5 km
39	W	00:27:06	Koniarek	Michaela	3XERCISE	1968	1	W50	00:26:48	5 km
40	W	00:27:06	Szuka	Sabine	FC Straberg	1970	3	W45	00:26:47	5 km
41	W	00:27:08	May	Nicole	TG Neuss	1979	3	W40	00:26:57	5 km
177	M	00:27:10	Lenz	Niklas	BvS-Gesamtschule Dormagen 6e	2008	26	MK U12	00:26:34	5 km
178	M	00:27:15	Cigale	Toni	Die Mischung	1962	6	M55	00:27:11	5 km
42	W	00:27:15	Schroers	Katharina	Bvs 9e	1992	3	W	00:26:40	5 km
179	M	00:27:18	Redling	Finn	Bvs 9e	2004	26	MJ U16	00:26:39	5 km
43	W	00:27:18	Nowak	Monika	BVS Gesamtschule	1977	4	W40	00:26:46	5 km
180	M	00:27:19	Neuenhausen	Nico	Bvs 9e	2005	27	MJ U16	00:27:02	5 km
181	M	00:27:19	Weber	Lars-Michel	Bvs 9e	2005	28	MJ U16	00:27:02	5 km
44	W	00:27:19	Mett	Cornelia		2000	2	WJ U20	00:27:01	5 km
182	M	00:27:22	Schmidt	Sebastian	BvS-Gesamtschule Dormagen 6e	2008	27	MK U12	00:26:45	5 km
183	M	00:27:23	Stenzel	Thomas	Neuss	1963	7	M55	00:27:11	5 km
184	M	00:27:23	Gabor	Jan	BvS-Gesamtschule Dormagen 6e	2008	28	MK U12	00:26:48	5 km
185	M	00:27:24	Nagy	Moritz	Norbert-Gymnasium Knechtsteden	2004	29	MJ U16	00:27:24	5 km
186	M	00:27:25	Dicken	Maximilian	Norbert-Gymnasium Knechtsteden	2007	22	MJ U14	00:27:23	5 km

187	M	00:27:27	Heine	Andreas	SSV Neuss-Reuschenberg 1956	1975	11	M40	00:27:09	5 km
188	M	00:27:28	Knauff	Julius	Festungs-Rebellen Zons	2006	23	MJ U14	00:27:03	5 km
189	M	00:27:32	Oberembt	Peter	Tannenbuschläufer	1981	6	M35	00:26:44	5 km
45	W	00:27:32	Zins	Claudia	Tannenbuschläufer	1984	1	W35	00:26:43	5 km
190	M	00:27:33	Jenal-Brakelsberg	Michael		1971	8	M45	00:27:24	5 km
191	M	00:27:35	Neumann	Jan	TSV Bayer Dormagen	2005	30	MJ U16	00:27:27	5 km
192	M	00:27:40	Majer	Christof	WeSeeHope	1972	9	M45	00:27:31	5 km
46	W	00:27:40	Majer	Bettina	WeSeeHope	1968	2	W50	00:27:30	5 km
193	M	00:27:41	Van Heek	Nils	NGK	2003	28	MJ U18	00:27:14	5 km
194	M	00:27:42	Hoffmann	Jonas		2009	29	MK U12	00:27:13	5 km
47	W	00:27:47	Winden	Carmen		1989	2	W30	00:27:34	5 km
48	W	00:27:47	Heise	Kerstin		1982	2	W35	00:27:35	5 km
195	M	00:27:51	Schmitz	Jakub	Bertha-von-Suttner Gesamtschule	2003	29	MJ U18	00:27:19	5 km
196	M	00:27:52	Schömann	Finn		2009	30	MK U12	00:27:24	5 km
197	M	00:27:54	Jeroschinsky	Frank		1979	12	M40	00:27:48	5 km
49	W	00:27:54	Beitler	Lissa	Bertha-von-Suttner Gesamtschule	2002	8	WJ U18	00:27:18	5 km
198	M	00:27:55	Büttner	Jörn	Neus Allerheiligen	1972	10	M45	00:27:14	5 km
199	M	00:27:55	Angres	Matheo	Alles and Liebe	2009	31	MK U12	00:27:50	5 km
200	M	00:27:55	Angres	Timon	Alles and Liebe	2009	32	MK U12	00:27:49	5 km
201	M	00:27:58	Hamacher	Jan	Norbert-Gymnasium Knechtsteden	1998	18	M	00:27:30	5 km
50	W	00:27:59	Lachnit	Joanna	Team Olchi	1979	5	W40	00:27:53	5 km
202	M	00:28:00	Sürth	Moritz	FC Straberg	2007	24	MJ U14	00:27:46	5 km
51	W	00:28:01	Gerads	Finia	BvS-Gesamtschule Dormagen 7E	2006	11	WJ U14	00:27:36	5 km
52	W	00:28:01	Samusch	Luisa	Familie Samusch	2007	12	WJ U14	00:27:25	5 km
203	M	00:28:03	Leufgen	Jannik		2007	25	MJ U14	00:27:48	5 km
204	M	00:28:04	Becker	Thomas	Bertha-von-Suttner Gesamtschule	1967	13	M50	00:27:37	5 km
205	M	00:28:07	Kruse	Jens	Running Gag	1967	14	M50	00:27:59	5 km
206	M	00:28:12	Samusch	Maximilian	Familie Samusch	2009	33	MK U12	00:27:37	5 km
207	M	00:28:12	Lange	Tim	Bertha-von-Suttner Gesamtschule	2009	34	MK U12	00:27:47	5 km
208	M	00:28:16	Samusch	Rene	Familie Samusch	1973	11	M45	00:27:42	5 km
209	M	00:28:17	Po	Pe		1979	13	M40	00:28:06	5 km
210	M	00:28:18	Schröder	Mark		1996	19	M	00:27:50	5 km
211	M	00:28:19	Schröder	Norbert	TK Grevenbroich	1963	8	M55	00:27:50	5 km

212	M	00:28:21	Breiden	Leon		1998	20	M	00:27:37	5 km
53	W	00:28:21	Dekaj	Chiara		2001	3	WJ U20	00:27:41	5 km
54	W	00:28:24	Gräfe	Franziska		1979	6	W40	00:28:14	5 km
213	M	00:28:25	Wodrig	Maximilian		1990	21	M	00:28:06	5 km
214	M	00:28:30	Hufschmiedt	Patrick	Stürzelberg	2008	35	MK U12	00:27:59	5 km
215	M	00:28:31	Kittlaß	Eckhard	lauf-club weilerswist	1952	1	M65	00:28:07	5 km
55	W	00:28:32	Hufschmidt	Maxima	BvS	2006	13	WJ U14	00:28:01	5 km
56	W	00:28:37	Woodiwiss	Teresa	Bertha-von-Suttner Gesamtschule	2002	9	WJ U18	00:28:05	5 km
216	M	00:28:39	Derrez	Patrick	SSV Neuss-Reuschenberg 1956	1990	22	M	00:28:21	5 km
57	W	00:28:39	Hayen	Laura		1984	3	W35	00:28:00	5 km
58	W	00:28:41	Voigt	Franziska	Norbert-Gymnasium Knechtsteden	2006	14	WJ U14	00:28:17	5 km
217	M	00:28:45	Nellen	Stefan		1969	15	M50	00:28:06	5 km
218	M	00:28:45	Schumacher	Rune	BvS-Gesamtschule Dormagen 6e	2008	36	MK U12	00:28:04	5 km
59	W	00:28:46	Po	Cla		2009	6	WK U12	00:28:35	5 km
60	W	00:28:47	Hühn	Lina		2009	7	WK U12	00:28:21	5 km
61	W	00:28:47	Haack	Mirja		2009	8	WK U12	00:28:21	5 km
62	W	00:28:50	Kaschade	Sabine	3xercise	1970	4	W45	00:28:31	5 km
63	W	00:28:52	Margies	Carlotta	BvS-Gesamtschule Dormagen 6e	2008	9	WK U12	00:28:22	5 km
219	M	00:28:54	Thivessen	Linus		2006	26	MJ U14	00:28:28	5 km
220	M	00:28:56	Zanghellini	Niklas	Norbert-Gymnasium Knechtsteden	2002	30	MJ U18	00:28:06	5 km
64	W	00:28:56	Decker	Laura	Bertha-von-Suttner Gesamtschule	2001	4	WJ U20	00:28:22	5 km
65	W	00:28:57	Leers	Johanna	SCB Horrem	2005	7	WJ U16	00:28:37	5 km
221	M	00:29:01	Beckmann	Johannes	Chemion	1986	10	M30	00:28:13	5 km
222	M	00:29:01	Gottwald	Marvin	REWE Bernd Uderhardt	1998	23	M	00:28:49	5 km
66	W	00:29:01	Keppler	Pauline		2006	15	WJ U14	00:28:37	5 km
67	W	00:29:02	Blömacher	Emma	Dormagen	2009	10	WK U12	00:28:52	5 km
68	W	00:29:03	Kosztolanyi	Rita	SG Zons Tennis	1970	5	W45	00:28:48	5 km
223	M	00:29:05	Po	Lu		2005	31	MJ U16	00:28:39	5 km
69	W	00:29:05	Niehaus	Katrin	FTV Düsseldorf	1983	4	W35	00:28:18	5 km
224	M	00:29:08	Kellmann	Timo	Zons	2009	37	MK U12	00:28:46	5 km
225	M	00:29:08	Kellmann	Christian	Zons	1983	7	M35	00:28:44	5 km
70	W	00:29:08	Becker	Anne Kristin	Bertha-von-Suttner Gesamtschule	2000	5	WJ U20	00:28:28	5 km
226	M	00:29:11	Handels	Mario		1972	12	M45	00:28:58	5 km

71	W	00:29:11	Handels	Simone		1972	6	W45	00:28:58	5 km
227	M	00:29:13	Cremer	Martin	Rheinfeld	1980	8	M35	00:28:50	5 km
228	M	00:29:13	Cremer	Melvin	Rheinfeld	2009	38	MK U12	00:28:51	5 km
72	W	00:29:13	Langer	Isabelle	Norbert-Gymnasium-Knechtsteden	2003	10	WJ U18	00:29:09	5 km
73	W	00:29:13	Samusch	Petra	Familie Samusch	1976	7	W40	00:28:40	5 km
229	M	00:29:14	Seefeldt	Yannick	Roki Joggis	2001	12	MJ U20	00:28:28	5 km
74	W	00:29:14	Wallfaß	Yvonne	TV Running Bedburg	1978	8	W40	00:28:32	5 km
230	M	00:29:15	Rapita	Frank		1963	9	M55	00:28:33	5 km
75	W	00:29:15	Neuland	Marion	Dormagen	1970	7	W45	00:28:43	5 km
231	M	00:29:16	Heidel	Phillip	REWE Bernd Uderhardt	1999	24	M	00:29:05	5 km
76	W	00:29:16	Arndt	Vanessa	INEOS Köln	1991	4	W	00:28:35	5 km
77	W	00:29:17	Poniecki	Vera		1982	5	W35	00:29:09	5 km
232	M	00:29:19	Stroben	Florian	SG Zons	2008	39	MK U12	00:29:17	5 km
233	M	00:29:20	Dömmecke	Andreas		1963	10	M55	00:29:14	5 km
234	M	00:29:21	Bauer	Thomas	MCB Deutschland	1964	11	M55	00:28:41	5 km
78	W	00:29:21	Bark	Emely	BvS-Gesamtschule Dormagen 7E	2007	16	WJ U14	00:29:13	5 km
79	W	00:29:26	Feyerabend	Sophie	Bertha-von-Suttner Gesamtschule	2002	11	WJ U18	00:28:52	5 km
80	W	00:29:28	Malecki	Alexandra	Zons	2009	11	WK U12	00:29:27	5 km
235	M	00:29:32	Berghoff	Stefan	Überschallschnecken	1985	11	M30	00:29:23	5 km
236	M	00:29:33	Malecki	Jakob	Zons	1980	9	M35	00:29:32	5 km
81	W	00:29:36	Martin Alonso	Esther	3XERCISE	1964	3	W55	00:29:17	5 km
237	M	00:29:37	Hollmann	Alexander		1985	12	M30	00:29:13	5 km
82	W	00:29:37	Stiehm	Nathalie		1988	3	W30	00:29:13	5 km
238	M	00:29:38	Huth	Emil	BvS-Gesamtschule Dormagen 7E	2006	27	MJ U14	00:29:17	5 km
83	W	00:29:38	Müller	Mira	Straberg	1998	5	W	00:28:52	5 km
84	W	00:29:39	Schön	Susan	BvS-Gesamtschule Dormagen 6e	2008	12	WK U12	00:29:02	5 km
239	M	00:29:41	Koenzen	Robin	BvS	2005	32	MJ U16	00:29:38	5 km
85	W	00:29:42	Becker	Sonja	BvS-Gesamtschule Dormagen 10E	2004	8	WJ U16	00:29:35	5 km
86	W	00:29:42	Koslowski	Svenja		1999	6	W	00:29:03	5 km
240	M	00:29:44	Fischer	Julian	BvS-Gesamtschule Dormagen 7E	2007	28	MJ U14	00:29:21	5 km
241	M	00:29:46	Kaminski	Arnold	Grevenbroich-NK	1957	3	M60	00:29:38	5 km
87	W	00:29:49	Schröder	Sóley	BvS-Gesamtschule Dormagen 6e	2008	13	WK U12	00:29:12	5 km
88	W	00:29:49	Timmermann	Lina Sophie	SV Hellas Siegburg	2006	17	WJ U14	00:29:34	5 km

242	M	00:29:50	Herberth	Leon		1998	25	M	00:29:32	5 km
243	M	00:29:52	Schielke	Moritz	TC Bayer Dormagen	2009	40	MK U12	00:29:02	5 km
89	W	00:29:52	Globisch	Maria	Dormagen	1999	7	W	00:29:34	5 km
90	W	00:29:53	Schielke	Claudia		1975	9	W40	00:29:03	5 km
244	M	00:29:54	Heller	Torsten		1975	14	M40	00:29:44	5 km
91	W	00:29:54	Neumann	Merle	BvS-Gesamtschule Dormagen 6e	2008	14	WK U12	00:29:18	5 km
92	W	00:29:55	Eleftheriadou	Eleni	BvS-Gesamtschule Dormagen 6e	2008	15	WK U12	00:29:18	5 km
245	M	00:29:57	Bujna	Erik		2009	41	MK U12	00:29:08	5 km
246	M	00:29:58	Prengel	Jannes	WSC Dormagen	2009	42	MK U12	00:29:53	5 km
93	W	00:30:00	Tillmann	Celina	Team Raphael	2006	18	WJ U14	00:30:00	5 km
247	M	00:30:03	Melz	Marvin	BvS	2006	29	MJ U14	00:30:01	5 km
248	M	00:30:03	Albertz	Georg	Neusser SV	1965	16	M50	00:29:17	5 km
249	M	00:30:04	Goertl	Mika		2009	43	MK U12	00:29:38	5 km
94	W	00:30:04	Bujna	Paulina		1981	6	W35	00:29:14	5 km
95	W	00:30:10	Zinkan	Desiree	Bvs 9e	1989	4	W30	00:29:34	5 km
96	W	00:30:12	Ince	Beyza	Bvs 9e	2005	9	WJ U16	00:29:56	5 km
250	M	00:30:13	Leitner	Tillmann	SG Zons Festungs-Rebellen-Zons	2008	44	MK U12	00:29:47	5 km
251	M	00:30:14	Nicolaus	Silas	WSC Dormagen	2009	45	MK U12	00:30:06	5 km
252	M	00:30:15	Kirschbaum	Peter		1963	12	M55	00:30:01	5 km
97	W	00:30:15	Kirschbaum	Maren	Bertha-von-Suttner Gesamtschule	2001	6	WJ U20	00:29:42	5 km
98	W	00:30:16	Schäkel	Jessica		1982	7	W35	00:30:09	5 km
253	M	00:30:18	Recchia	Gianpiero		2009	46	MK U12	00:29:51	5 km
254	M	00:30:18	Klemmer	Max		2009	47	MK U12	00:29:52	5 km
99	W	00:30:26	Hochkamer	Liv		1992	8	W	00:29:36	5 km
100	W	00:30:27	Rösner	Pakpimol	Bvs 9e	2004	10	WJ U16	00:30:10	5 km
255	M	00:30:29	Dicken	Christian	Norbert-Gymnasium Knechtsteden	2009	48	MK U12	00:30:26	5 km
101	W	00:30:29	Niekerke	Andrea		1986	5	W30	00:29:38	5 km
256	M	00:30:30	Pack	Oscar		2008	49	MK U12	00:30:10	5 km
102	W	00:30:30	Bongiovanni	Angelica		1978	10	W40	00:30:16	5 km
257	M	00:30:31	Schwindt	Joachim	TG Stürzelberg	1941	1	M75	00:30:27	5 km
103	W	00:30:32	Höfer	Nina	BvS-Gesamtschule Dormagen 7E	2007	19	WJ U14	00:30:23	5 km
104	W	00:30:37	Braun	Neele	SG Zons / Judo	2006	20	WJ U14	00:30:07	5 km
258	M	00:30:38	Lucas	Simon		2009	50	MK U12	00:30:25	5 km

105	W	00:30:47	Jungert	Isabella		1970	8	W45	00:30:14	5 km
106	W	00:30:59	Bettin	Nathalie		1974	9	W45	00:30:56	5 km
107	W	00:31:01	Reuber	Finja	BvS-Gesamtschule Dormagen 7E	2007	21	WJ U14	00:30:53	5 km
108	W	00:31:01	Lipczynski	Lea	BvS-Gesamtschule Dormagen 7E	2007	22	WJ U14	00:30:53	5 km
109	W	00:31:02	Uderhardt	Ulrike	REWE Bernd Uderhardt	1972	10	W45	00:30:41	5 km
110	W	00:31:11	Beivers	Fiona	BvS	2006	23	WJ U14	00:31:09	5 km
111	W	00:31:12	Schielke	Lena		2006	24	WJ U14	00:30:22	5 km
259	M	00:31:16	Wintermeier	Sven		1975	15	M40	00:31:03	5 km
260	M	00:31:17	Pöthen	Dominik	Chemion Logistik GmbH	1989	13	M30	00:31:02	5 km
261	M	00:31:18	Samusch	Sebastian	Familie Samusch	2006	30	MJ U14	00:30:44	5 km
112	W	00:31:18	Breiden	Sabine		1966	3	W50	00:30:35	5 km
262	M	00:31:19	Tajnssek	Leon	Norbert-Gymnasium Knechtsteden	2001	13	MJ U20	00:30:50	5 km
113	W	00:31:19	Chemnitzer	Joyce	SG Zons	2004	11	WJ U16	00:30:37	5 km
114	W	00:31:19	Krüger	Monika	Turbine Keyenberg	1965	4	W50	00:30:30	5 km
115	W	00:31:19	Kofer	Christina	BvS Gesamtschule	2000	7	WJ U20	00:30:48	5 km
116	W	00:31:20	Hankammer	Imke		1973	11	W45	00:31:07	5 km
263	M	00:31:23	Lienemann	Connor	WSC Dormagen	2006	31	MJ U14	00:30:48	5 km
117	W	00:31:27	Jenter	Uli	WSC Dormagen	1972	12	W45	00:30:54	5 km
118	W	00:31:32	Sterzik	Sophie		2009	16	WK U12	00:31:26	5 km
119	W	00:31:32	Sterzik	Sabine		1981	8	W35	00:31:26	5 km
264	M	00:31:35	Hock	Georg	SV Merbeck	1952	2	M65	00:30:57	5 km
265	M	00:31:37	Linnenbrink	Felix		1977	16	M40	00:30:46	5 km
120	W	00:31:37	Hornung	Jennifer	FTV Düsseldorf	1974	13	W45	00:30:50	5 km
121	W	00:31:44	Weber	Rebecca		1983	9	W35	00:31:01	5 km
122	W	00:31:48	Sarikaya	Helin	BvS-Gesamtschule Dormagen 7E	2007	25	WJ U14	00:31:40	5 km
123	W	00:31:48	Daschke	Celina		2009	17	WK U12	00:31:22	5 km
124	W	00:31:51	Glück	Mabel	BvS-Gesamtschule Dormagen 7E	2007	26	WJ U14	00:31:42	5 km
125	W	00:31:54	Augst	Uta	LaufTeam AugstLickes	1963	4	W55	00:31:16	5 km
126	W	00:31:56	Annassi	Kerstin		1978	11	W40	00:31:07	5 km
266	M	00:31:57	Dereli	Gökhan		1988	14	M30	00:31:08	5 km
127	W	00:31:58	Brunzlow	Angela	Raphael	1981	10	W35	00:31:48	5 km
128	W	00:31:59	Eßlinger	Julia	Tri Familia	1983	11	W35	00:31:16	5 km
129	W	00:32:00	Tillert	Anna-Lena	Bin mit Kalle G-Star Lager	2000	8	WJ U20	00:31:55	5 km

267	M	00:32:04	Gräter	Kurt	Deutsche Sporthochschule Köln	1948	1	M70	00:31:47	5 km
268	M	00:32:04	Krafczyk	Heinz	AgeGain	1949	2	M70	00:31:46	5 km
130	W	00:32:06	Schneider	Naomi	BvS-Gesamtschule Dormagen 10E	2004	12	WJ U16	00:31:59	5 km
131	W	00:32:06	Schnee	Lana	BvS-Gesamtschule Dormagen 6e	2009	18	WK U12	00:31:48	5 km
132	W	00:32:08	Reinhart	Hanna		1998	9	W	00:31:25	5 km
133	W	00:32:08	Rüth	Merle		2002	12	WJ U18	00:31:28	5 km
134	W	00:32:10	Bolte	Hannah		2000	9	WJ U20	00:31:30	5 km
135	W	00:32:11	Conca	Julia	Bvs 9e	2004	13	WJ U16	00:31:54	5 km
269	M	00:32:12	Stankovic	Filip	Festungs-Rebellen	2007	32	MJ U14	00:31:48	5 km
136	W	00:32:16	Schnaudt	Elke	FTV Düsseldorf	1960	5	W55	00:31:30	5 km
137	W	00:32:16	Hoffmann	Petra		1962	6	W55	00:31:58	5 km
138	W	00:32:19	Stroka	Mia	BvS-Gesamtschule Dormagen 6e	2008	19	WK U12	00:31:43	5 km
270	M	00:32:24	Pack	Willi		1970	13	M45	00:32:03	5 km
139	W	00:32:26	Ohk	Ulrike		1966	5	W50	00:31:55	5 km
140	W	00:32:26	Bold	Mia	Zons	2008	20	WK U12	00:32:12	5 km
271	M	00:32:27	Mews	Sascha	Nierenheim	1981	10	M35	00:32:14	5 km
141	W	00:32:35	Sarikaya	Zara	BvS-Gesamtschule Dormagen 10E	2004	14	WJ U16	00:32:07	5 km
142	W	00:32:35	Hoschek	Jacqueline	BvS-Gesamtschule Dormagen 10E	2003	13	WJ U18	00:32:08	5 km
143	W	00:32:36	Thamm	Hannah	BvS-Gesamtschule Dormagen 10E	2003	14	WJ U18	00:32:08	5 km
272	M	00:32:39	Ehrlich	Markus	Osterather TV	1971	14	M45	00:31:51	5 km
273	M	00:32:45	Sofuoglu	Ömer	Bertha-von-Suttner Gesamtschule	2002	31	MJ U18	00:32:16	5 km
274	M	00:32:49	Prengel	Michael	WSC Dormagen	1978	17	M40	00:32:41	5 km
275	M	00:32:49	Otulak	Holger		1973	15	M45	00:32:34	5 km
276	M	00:32:56	Ordynans	Jossef		1960	13	M55	00:32:14	5 km
144	W	00:32:58	Müller	Marlene	BvS	2005	15	WJ U16	00:32:27	5 km
145	W	00:32:59	Kothe	Antonia	Bertha-von-Suttner Gesamtschule	2002	15	WJ U18	00:32:26	5 km
277	M	00:33:00	Altmann	Daniel	Chemion Logistik GmbH	1977	18	M40	00:32:14	5 km
278	M	00:33:21	Bichel	Axel		1966	17	M50	00:32:48	5 km
146	W	00:33:21	Jüsten	Sabine	Dormagen-Hackenbroich	1969	6	W50	00:32:48	5 km
279	M	00:33:23	Schmittwilken	Jürgen	Dormagen Zons	1966	18	M50	00:32:53	5 km
147	W	00:33:26	Dickmann	Ursula	Elvis Runner	1965	7	W50	00:32:38	5 km
280	M	00:33:27	Schejnoha	Florian	BvS-Gesamtschule Dormagen 6e	2008	51	MK U12	00:32:46	5 km
281	M	00:33:27	Franz	Silas	Festungs-Rebellen	2006	33	MJ U14	00:32:59	5 km

148	W	00:33:29	Worms	Simona	MCB Deutschland	1984	12	W35	00:32:44	5 km
149	W	00:33:37	Lahaj	Sigrid		1968	8	W50	00:33:24	5 km
150	W	00:33:37	Kather	Cora	Roki Joggis	2003	16	WJ U18	00:32:54	5 km
282	M	00:33:38	Schmidt	Andreas	Team Raphael	2003	32	MJ U18	00:33:16	5 km
151	W	00:33:38	van der Veen	Alexia	BvS-Gesamtschule Dormagen 6e	2008	21	WK U12	00:33:22	5 km
152	W	00:33:38	Klötter	Svenja	Roki Joggis	1995	10	W	00:32:54	5 km
153	W	00:33:38	Schneider	Phebe	BvS-Gesamtschule Dormagen 6e	2008	22	WK U12	00:33:07	5 km
154	W	00:33:41	Merten	Lea		2004	16	WJ U16	00:33:09	5 km
155	W	00:33:41	Gensler	Marisa		1996	11	W	00:32:58	5 km
156	W	00:33:42	Groth	Julia		2003	17	WJ U18	00:32:58	5 km
157	W	00:33:43	Keppler	Marie	SG Zons 1971	2009	23	WK U12	00:33:18	5 km
158	W	00:33:46	Steinkamp	Annika	Collection in Action	1983	13	W35	00:33:38	5 km
159	W	00:33:46	von Zons	Anna-Lena	Nievenheim	2007	27	WJ U14	00:33:30	5 km
160	W	00:33:48	Keppler	Julie		1978	12	W40	00:33:23	5 km
161	W	00:33:48	Deutzmann	Luna		1976	13	W40	00:33:05	5 km
162	W	00:33:50	Stümpges	Mia		2003	18	WJ U18	00:33:06	5 km
163	W	00:33:52	Wieczorek	Claudia		1979	14	W40	00:33:50	5 km
164	W	00:33:52	Kasprzak	Daniela		1979	15	W40	00:33:50	5 km
165	W	00:33:53	Andrijolic	Lara-Sophie		2003	19	WJ U18	00:33:21	5 km
166	W	00:33:57	Vetter-Dietz	Claudia	TSV Norf	1967	9	W50	00:33:39	5 km
167	W	00:33:57	Brosius	Susanne	FTV Düsseldorf	1977	16	W40	00:33:10	5 km
168	W	00:33:59	Roether	Michaela	SV Rosellen	1973	14	W45	00:33:26	5 km
169	W	00:33:59	Sow	Fatoumata		2008	24	WK U12	00:33:33	5 km
170	W	00:34:05	Matthies	Chiara		2008	25	WK U12	00:33:40	5 km
283	M	00:34:08	Mertens	Kevin	Team Raphael	2003	33	MJ U18	00:33:45	5 km
171	W	00:34:14	Seyhan	Basak		2008	26	WK U12	00:33:48	5 km
172	W	00:34:23	Rosamowitz	Annette	SG Worringen	1962	7	W55	00:34:03	5 km
173	W	00:34:23	Behrens	Christina		1976	17	W40	00:34:03	5 km
174	W	00:34:23	Mechernich	Silke		1973	15	W45	00:33:39	5 km
284	M	00:34:24	Stichling	Torben	Flinke Füchschen	1988	15	M30	00:34:03	5 km
285	M	00:34:24	Winter	Horst	SG Worringen	1953	3	M65	00:34:04	5 km
175	W	00:34:25	Otten	Anke	TSV Norf	1972	16	W45	00:34:07	5 km
176	W	00:34:26	Bensel	Lore		1966	10	W50	00:34:15	5 km

286	M	00:34:28	Röhrig	Wolfgang	LG RWE Power	1955	4	M60	00:33:43	5 km
177	W	00:34:35	Peuker	Vanessa	Team Raphael	1994	12	W	00:34:35	5 km
178	W	00:34:35	Halas	Michelle	Team Raphael	2003	20	WJ U18	00:34:35	5 km
179	W	00:34:37	Gädke	Stefanie	Chemion Logistik GmbH	1985	6	W30	00:33:49	5 km
287	M	00:34:45	Lickes	Georg	LaufTeam AugstLickes	1954	4	M65	00:34:06	5 km
288	M	00:34:45	Kurek	Benedikt	Schafstädt	1964	14	M55	00:34:10	5 km
289	M	00:34:51	van Terwingen	Maik		2009	52	MK U12	00:34:36	5 km
180	W	00:34:51	van Terwingen	Claudia	SG Zons	1980	14	W35	00:34:37	5 km
181	W	00:34:56	Siepen	Miriam		1986	7	W30	00:34:06	5 km
182	W	00:34:56	Giannitsi	Letizia	SG Zons	2008	27	WK U12	00:34:53	5 km
183	W	00:34:57	Spagnolo	Emilia		2008	28	WK U12	00:34:31	5 km
184	W	00:34:58	Gilgen	Julia	SG Zons	2008	29	WK U12	00:34:55	5 km
185	W	00:35:01	Özyurt	Merve		1987	8	W30	00:34:42	5 km
186	W	00:35:07	Mahmood	Malika		2009	30	WK U12	00:34:40	5 km
187	W	00:35:30	Broich-Glagow	Nina	Spielstübchen Dormagen	1979	18	W40	00:35:10	5 km
290	M	00:35:48	Stammen	Heiner	FC Adler Nierst	1954	5	M65	00:35:11	5 km
188	W	00:35:48	Reimer	Pia		1989	9	W30	00:35:06	5 km
189	W	00:36:08	Pottkämper	Laura	Collection in Action	1992	13	W	00:36:00	5 km
291	M	00:36:09	Persé	Jürgen	RTC Frechen 80	1956	5	M60	00:35:32	5 km
190	W	00:36:11	Mirgel	Tanja		1978	19	W40	00:35:27	5 km
191	W	00:36:19	Börner	Natalie		1989	10	W30	00:35:40	5 km
192	W	00:36:25	Beuten	Marie	Norbert-Gymnasium Knechtsteden	2004	17	WJ U16	00:35:56	5 km
193	W	00:36:26	Györi	Luna	Norbert-Gymnasium Knechtsteden	2004	18	WJ U16	00:35:55	5 km
194	W	00:36:27	Höpner	Nicole	BvS-Gesamtschule Dormagen 6e	2008	31	WK U12	00:35:51	5 km
292	M	00:36:28	Ridder	Tobias	BvS-Gesamtschule Dormagen 6e	1983	11	M35	00:35:50	5 km
293	M	00:36:29	Lachnicht	Jasper	Festungs-Rebellen Zons	2006	34	MJ U14	00:36:04	5 km
294	M	00:36:34	Wischnewski	Jürgen	Baumberger TSC	1953	6	M65	00:35:52	5 km
295	M	00:36:36	Rehmes	Ulrich	BvS-Gesamtschule Dormagen 7E	1982	12	M35	00:36:00	5 km
195	W	00:36:36	Nasser	Lia	BvS-Gesamtschule Dormagen 7E	2007	28	WJ U14	00:36:01	5 km
196	W	00:36:36	Kruska	Samira	BvS-Gesamtschule Dormagen 7E	2007	29	WJ U14	00:36:01	5 km
197	W	00:36:36	Weiß	Ella	BvS-Gesamtschule Dormagen 7E	2007	30	WJ U14	00:36:01	5 km
198	W	00:36:40	Goebels	Andrea	ASV Sankt Augustin	1964	8	W55	00:35:56	5 km
199	W	00:36:45	Krämer-Mertens	Nicole		1971	17	W45	00:36:35	5 km

200	W	00:37:11	Jiménez Campos	Carolina	Titzl-Jiménez Team	1984	15	W35	00:37:00	5 km
296	M	00:37:15	Jäger	Harry	TV Witzhelden	1951	7	M65	00:37:01	5 km
201	W	00:37:16	Lücke	Johanna	Norbert-Gymnasium Knechtsteden	2004	19	WJ U16	00:37:08	5 km
202	W	00:37:17	Franz	Natascha	...der Wille war da :)	1977	20	W40	00:36:49	5 km
203	W	00:37:18	Lieven	Maike	...der Wille war da :)	1998	14	W	00:36:51	5 km
204	W	00:37:23	Goebels	Viktoria		1964	9	W55	00:36:39	5 km
205	W	00:37:32	Clemens	Maike		1984	16	W35	00:36:47	5 km
297	M	00:37:38	Geusen	Ulrich	Neuss	1957	6	M60	00:37:05	5 km
206	W	00:37:39	Cigale	Janine	Die Mischung	1992	15	W	00:37:35	5 km
207	W	00:37:41	Nickel	Andrea		1964	10	W55	00:37:22	5 km
208	W	00:37:42	Andrijolic	Anna-Marie		2003	21	WJ U18	00:37:11	5 km
209	W	00:37:43	Van Cuijck	Rosanne	Fahrschule Easy Drive	1985	11	W30	00:36:53	5 km
210	W	00:37:44	Schmidt	Jacqueline	CamData	1993	16	W	00:36:53	5 km
211	W	00:37:44	Morschhäuser	Ronja Richmodis	Höppie Familich	2005	20	WJ U16	00:37:03	5 km
298	M	00:37:57	Taschner	Heinz		1949	3	M70	00:37:19	5 km
299	M	00:37:57	Taschner	Dirk	TSV Bayer Dormagen Tri	1982	13	M35	00:37:19	5 km
212	W	00:37:59	Worrings	Carina	REWE Bernd Uderhardt	1984	17	W35	00:37:38	5 km
213	W	00:38:12	Mul	Jola	MCB Deutschland	1978	21	W40	00:37:26	5 km
300	M	00:38:13	Meier	Jules		2008	53	MK U12	00:37:43	5 km
301	M	00:38:16	Leitner	Helge	Sg Zons Judo	2009	54	MK U12	00:37:59	5 km
214	W	00:38:16	Brustmann	Monika	FTV Düsseldorf	1971	18	W45	00:37:27	5 km
215	W	00:38:16	Leitner	Alexandra	Sg Zons	1973	19	W45	00:38:01	5 km
216	W	00:38:16	Hoffmeister	Digna	FTV Düsseldorf	1980	18	W35	00:37:27	5 km
302	M	00:38:26	Meier	Rolf		1958	7	M60	00:38:26	5 km
217	W	00:38:26	Meier	Susanne		1970	20	W45	00:37:55	5 km
218	W	00:38:28	Henning	Regina	Lauftreff TBH	1972	21	W45	00:37:50	5 km
219	W	00:38:28	Dehnhardt	Katrin	Lauftreff TBH	1978	22	W40	00:37:51	5 km
303	M	00:38:29	Poschen	Franz	LG RWE Power	1948	4	M70	00:37:43	5 km
220	W	00:39:17	Cremer	Melina	Rheinfeld	2008	32	WK U12	00:39:02	5 km
221	W	00:39:18	Kellmann	Lina	Zons	2008	33	WK U12	00:39:03	5 km
222	W	00:39:19	Langosch	Sonja		1979	23	W40	00:39:00	5 km
223	W	00:39:21	Kiesewetter	Kerstin	Turngemeinde Stürzelberg	1965	11	W50	00:38:57	5 km
224	W	00:39:22	Hunger	Claudia	Turngemeinde Stürzelberg	1962	11	W55	00:38:57	5 km

225	W	00:39:25	Schmidt	Alexandra	Höppie Familich	1981	19	W35	00:38:44	5 km
304	M	00:39:28	Nink	Michael	SG Zons Tennis	1964	15	M55	00:39:13	5 km
226	W	00:39:28	Krupp	Rita	MST Laufpiont	1964	12	W55	00:38:45	5 km
227	W	00:39:28	Stahnke	Christel	FTV Düsseldorf	1965	12	W50	00:38:40	5 km
228	W	00:39:28	Clausen	Kerstin	SG Zons Tennis	1972	22	W45	00:39:13	5 km
229	W	00:39:29	Heller	Gaby	MST Laufpiont	1958	1	W60	00:38:46	5 km
230	W	00:39:38	Boldt	Hanna	Zons	2007	31	WJ U14	00:39:24	5 km
231	W	00:39:40	Große-Hellmann	Laura	Delrath	2008	34	WK U12	00:39:26	5 km
232	W	00:39:44	Brand	Ina		1969	13	W50	00:39:31	5 km
233	W	00:39:51	Hornung	Brigitte	FTV Düsseldorf	1951	1	W65	00:39:02	5 km
234	W	00:40:15	Peters	Joana	REWE Bernd Uderhardt	1995	17	W	00:39:54	5 km
235	W	00:40:22	Mirocha	Patricia	Norbert-Gymnasium Knechtsteden	2004	21	WJ U16	00:40:14	5 km
236	W	00:40:44	Dicken	Katharina	SG Neukirchen-Hülchrath	2004	22	WJ U16	00:40:17	5 km
237	W	00:40:44	Dicken	Sabine	SG Neukirchen-Hülchrath	1971	23	W45	00:40:17	5 km
238	W	00:40:46	Busch	Natalie		1990	18	W	00:39:56	5 km
239	W	00:41:50	Schwandtke	Monika	Raphael	1964	13	W55	00:41:39	5 km
240	W	00:41:54	Kampe	Andrea	Höppie Familich	1978	24	W40	00:41:13	5 km
241	W	00:42:16	Strecha	Brigitte	DJK Neuss Gnadental	1952	2	W65	00:41:30	5 km
242	W	00:42:50	Zurmahr	Tamara	Hückelhoven	1991	19	W	00:42:06	5 km
243	W	00:42:58	Bürger	Sandra	Wermelskirchen	1969	14	W50	00:42:36	5 km
244	W	00:43:02	Mahr	Nadja	Rennschnecken	1981	20	W35	00:42:35	5 km
305	M	00:43:03	Schulze	Willi	SKDüsseldorf	1936	1	M80	00:42:24	5 km
245	W	00:43:09	Zöhner	Sarah	evd energieverorgung dormagen gmbh	1989	12	W30	00:42:24	5 km
246	W	00:43:47	Patocs	Csilla	TG Neuss	1982	21	W35	00:42:59	5 km
247	W	00:43:59	Fresen	Corina		1962	14	W55	00:43:40	5 km
248	W	00:44:00	Schneider	Christina		1994	20	W	00:43:40	5 km
306	M	00:44:42	Oertel	Wolfgang	Chemion Logistik GmbH	1959	8	M60	00:43:54	5 km
249	W	00:47:00	Dirks	Helma		1977	25	W40	00:46:07	5 km
250	W	00:47:01	Klug	Christiane		1971	24	W45	00:46:39	5 km
251	W	00:47:01	Niedzwiedz	Nicole		1978	26	W40	00:46:09	5 km
252	W	00:47:02	Rauchel	Susan		1969	15	W50	00:46:41	5 km
253	W	00:48:27	Köpping	Vivien	REWE Bernd Uderhardt	1994	21	W	00:48:07	5 km
254	W	00:49:16	Morschhäuser	Jana	Höppie Familich	1971	25	W45	00:48:36	5 km